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August  
2019



# **Grapevine** is published monthly by: **Cylch y Frenni Circle of Churches**

A Local Ministry Area comprising the parishes of  
Clydau, Llanglydwen, Llanfyrnach, Llanwinio and Mynachlog-ddu

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***Front cover: Flower Festival, Llanfyrnach Church***

# Cylch y FRENNI Circle of Churches

## Clydau, Llanglydwen, Llanfyrnach, Llanwinio and Mynachlog-ddu

### SERVICES IN AUGUST

#### 4<sup>th</sup> The Seventh Sunday after Trinity (Green)

Llanglydwen	9.30 am	Holy Eucharist
Mynachlog-ddu	11.15 am	Holy Eucharist (followed by PCC)
Llanfyrnach	11.15 am	Communion by Extension

#### 6<sup>th</sup> Wednesday: The Transfiguration of Our Lord

Bro Preseli	10.30 am	Holy Eucharist
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#### 11<sup>th</sup> The Eighth Sunday after Trinity (Green)

Llanglydwen	9.30 am	Morning Prayer
Llanwinio	9.30 am	Communion by Extension
Clydau	11.15 am	Communion by Extension
Llanfyrnach	11.15 am	Holy Eucharist (followed by PCC)

#### 18<sup>th</sup> The Ninth Sunday after Trinity (Green)

Llanglydwen	9.30 am	Holy Eucharist
Llanfyrnach	11.15 am	Holy Eucharist
Mynachlog-ddu	11.15 am	Communion by Extension

#### 25<sup>th</sup> The Tenth Sunday after Trinity: (Green)

Llanglydwen	9.30 am	Morning Prayer
Llanwinio	9.30 am	Holy Eucharist
Clydau	11.15 am	Holy Eucharist
Llanfyrnach	11.15 am	Morning Prayer

#### Some Holy Days not on a Sunday:

15 <sup>th</sup>	Mary, Mother of Our Lord
24 <sup>th</sup>	Bartholomew, Apostle
29 <sup>th</sup>	The Beheading of John the Baptist

*Would readers please announce page numbers where given (and give people time to find the page!)*  
*Page numbers refer to the bilingual copies of the New Testament*  
*At Morning Prayer only the first and last readings are used ; 'a' means the first half of the verse; 'b' means the second half of the verse*

## CLIMATE OF OPINION

So Britain has a new airport. Loganair will operate scheduled passenger flights from Carlisle Lake District Airport to London Southend, Belfast City and Dublin. But even before the first plane had taken off, the doom-mongers were at it again: 'Oh, pollution. Oh, global warming.' Or in the venerable catchphrase of that great 20<sup>th</sup>-century comic actor, John Robertson Hare, 'Oh, calamity!'

Don't get me wrong. We want to be the generation remembered for waking up and saving the planet, not lazily trashing it. Just let's make sure we step up to the right plate. The airport boss pointed out that by the time you'd driven to the ferry terminal and sailed to wherever, you'd emitted more particulates and carbon dioxide (CO<sub>2</sub>) than the aircraft. Marine transport was far more polluting, he said.

So is it all the cows' fault? They belch methane (yes, mostly from their front end, apparently). CH<sub>4</sub> is a very potent greenhouse gas, but then it's relatively short-lived. And what about other species? The University of Wales, Aberystwyth, is tracking quantities of methane and nitrogen produced by sheep. Dani Rabaiotti of the Zoological Society has co-authored a book called *Does It Fart?* In it, she reveals that several species of herring communicate with each other that way, while flatulence signals a baboon is ready to mate. Her advice to the rest of us? 'Just cut down beef to, say, once a week or once a month and replace it with chicken or pork or options without meat.' She doesn't go into our own increased contribution to the methane problem if we all start eating beans.



*Perhaps we could capture cows' methane burps and use the gas as fuel?!!*

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And what about the farmers? Oh, they can switch to growing oats and beans and barley-o, say the conservationists. Having neighbours who are beef and sheep farmers, I did look into this one a bit. At first it looks alarming: cattle account for 20% of the globe's CH<sub>4</sub> production. But then, methane is only 10% of the total greenhouse gases, to which all the cows in the world actually contribute a mere 2% – not quite what the headlines might suggest. The other main culprits are termites. And wetlands: according to the Intergovernmental Panel on Climate Change, wetlands are the largest natural source of atmospheric methane in the world, and therefore remain a major area of concern with respect to climate change. Others claim wetlands could be our salvation, soaking up carbon dioxide. So are wetlands the good guys or the villains?

It's just been announced that Jaguar Land Rover are to produce an electric version of the famous XJ series in Britain. Electric cars produce no pollution at all. Or do they? What about all the electricity they eat? Even if it's all from sustainable sources (and it's not), there's the lithium for the batteries to be mined – a fossil fuel – and then disposed of (no recycling process is 100% efficient). And you can't go to Scotland from west Wales in an electric car without an overnight stop to recharge. The technology is developing, they say. Wake me up when it's finished.

Meanwhile, according to Stanford University, a 40-mile round-trip daily commute in a petrol-driven car releases between 5,000 and 6,000 pounds' weight of carbon into the atmosphere every year. Roads into all our major cities are blocked during rush hour, with idling engines belching pollutants round nearby homes. Would it be better to spend our limited resources improving Internet access (especially in rural areas), allowing people to do more work from home?

But is it really all our fault? Yes, greenhouse gases are undeniably increasing; but then, so is solar activity (sunspots), the main driver of our planet's climate. The important question is not 'Is the world getting hotter?' (yes) nor even 'Are humans responsible?' (yes) but 'How *much* are humans responsible?' (difficult to say).

Genesis 2. 15 says: 'The LORD God took the man and put him in the Garden of Eden to work it and take care of it.' That's where Christians' sense of responsibility for the planet begins. But before we jump on the nearest passing climate bandwagon, slaughter all the cattle and sheep and drive our diesels to the dump, let's demand some really reliable evidence from our politicians and

scientists. Yes, we must take action – but the right, evidence-based action. We must face the facts, not follow flights of fancy.

*Jonathan Copus*

## GUESS WHAT



Yes, as any engineer will tell you, it's a ball race. But what bearing (oh, ha ha) does it have on the month of August?

You've guessed it: Llanfyrnach and Llanglydwen Churches are again joining forces for their annual ball race based at the Bont, Llanglydwen, on Bank Holiday Monday, 26<sup>th</sup> August, from 2 till 5. As well as the race itself, there will be stalls, games,

eats, drinks, all the fun of a village fête – and all in a *very* good cause. Put it in the diary NOW!

## CAKE 'N' BAKE

Once more, Mynachlog-ddu Church has a cake stall at Nevern Show (Wednesday 7<sup>th</sup> August). This year, Judy Webb will also be there, selling bookmarks and bells in aid of young Mercy in Uganda (see below for more details).

## ARTFELT THANKS

We're extremely grateful to Pembrokeshire Association of Voluntary Services for a grant of £1,450 towards creating a centre for community art exhibitions in Mynachlog-ddu Church. Already, three pews have been removed from the north aisle and the rotten floor repaired. Room has been cleared at the front of the main aisle to accommodate wheelchairs with a grandstand view. Still to come: the conversion of three pews into sympathetic storage space for hymn books, etc, and the purchase of display stands and tables for painting and other exhibits.

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Mynachlog-ddu is a community particularly rich in artistic talent, and this resource will enable local artists' work of all kinds to be displayed – including metalwork, sculptures and other artwork made in Coleg Plas Dwbl, just up the road. They have asked if they can also use the space for meditation and quiet reflection; and it can also be used for informal acts of worship and children's activities.

## **PA (PRETTY AWFUL)**

That was the verdict on the PA system which Reader Maureen Henneveld kindly donated to Llanglydwen Church. Not her fault: it was brand new, but emitted deafening crackling noises, missed off the first part of every hymn, and wobbled in pitch. Jonathan ordered a replacement, switched it on, and BANG! A bright orange flash was visible through the grille. The replacement for that set, though, seems to be working fine. So at last we have proper PA (Phantastic Audio) in the church.

## **LIGHT PERPETUAL**

That's our prayer for Val Harries, mother of Jiwli Higginson of Llanwinio, who died on 21<sup>st</sup> June; Bob House (Peggy's husband), cremated on 28<sup>th</sup> June; and Janet Gillham, cremated on 12<sup>th</sup> July. Our sympathies are with their grieving families; our trust is in the resurrection to eternal life in our Lord Jesus Christ.



## **SUCCESS FOR RECIPES**

*Cegin y Frenni*, our LMA recipe book, has so far raised £349 from its launch supper and sales, including those through Clydau Church bookstall and Y Badell Ffrio in Crymych. Copies are still available!



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Meanwhile, here's a couple of recipes which for technical reasons didn't make it into the book (Jonathan mislaid them). If you have any more culinary delights you'd like to share, please send them in to the Editor.

### **Elizabeth Ferrand's "Chocolate Mousse" [ for 6 people]**

Ingredients: 6 Large eggs and 12 ounces of chocolate [ dark or milk ]

1. Separate the eggs into whites and yolks.
2. Place the chocolate in a bowl and melt it - then leave to cool.
3. Whip the egg yolks into the melted chocolate.
4. Whip the egg whites until stiff, then stir one tablespoonful into the mixture to slacken it. Finally fold the remainder of the egg whites into the chocolate mixture.
5. Put the final mixture into your serving bowl and place in the fridge.

### **Marnie Llewellyn's "Cheese Biscuits" [ Suitable for freezing ]**

Ingredients: 6 ounces of Parmesan cheese [ cut into small pieces ]

6 ounces of Butter [ cut into small pieces ]

6 ounces of Plain flour

1 egg and some grated parmesan

1. Place the flour and the pieces of butter and parmesan cheese into a food processor and whiz them until bound together.
2. Take the bound ingredients out of the processor and form into a ball shape, then cover it and place in the fridge for 1 hour.
3. Roll out on a floured board.
4. Cut into rounds using a small cutter [ approx 3cm ].
5. Put some parchment paper onto a baking tray and place the biscuits onto the parchment paper.
6. Brush the tops of the biscuits with egg yolk and sprinkle with grated parmesan cheese.
7. Place in the oven [ 180 degree fan ] for 7- 10 mins until golden brown.

### **PCCs**

Meetings of all five of our Parochial Church Councils will be held as follows:

**Mynachlog-ddu:** Sunday 4<sup>th</sup> August at 11:45 in the Church  
after a shortened Eucharist

**Llanfyrnach:** Sunday 11<sup>th</sup> August at 11:45 in the Church  
after a shortened Eucharist



**Llanglydwen:** Monday 12<sup>th</sup> August at 7 pm at Llys Myrddin, Efailwen  
**Llanwinio:** Tuesday 20<sup>th</sup> August at 7 pm at Llys Myrddin, Efailwen  
**Clydau:** Friday 23<sup>rd</sup> August at 7 pm at Llys Myrddin, Efailwen

## **MERCY'S NEWS**

Our fundraising efforts for Mercy, our little Ugandan girl with no feet, continue. A stall at the Tegryn family day including a tombola, a wonderful selection of boxed games and books, beeswax candles, Judy Webb photocards, and crochet bells and bookmarks was fairly successful, and we look forward to a profitable Bwlchygroes Vintage show at the end of July featuring the same items but without the tombola.

Meanwhile 'the Mercy team' are brushing up their dancing skills in readiness for the charity line dance to be held in Carew on the 20<sup>th</sup> July, and organised by team member Hazel Jones.

Mercy's stump has healed well after surgery to take back the leg bone that was growing through, but the other stump will shortly need the same treatment, and then she will need new prosthetic legs so we do need to make quite a lot of money! We would like to find a wheelchair for her, too, because of course there are occasions when she has to be carried and now that she is 9 years old she is becoming too heavy for her foster parents to carry easily.

But our 'star news' this month is that we have received a wonderful donation from Rev. Jeffrey Gainer and his congregations in Meidrim and Merthyr, who borrowed our Mercy display board and over several weeks collected a substantial sum for Mercy. Thank you all so much for your wonderful gift. Be assured the money will be put to very good use!

If you would like to contact us, please get in touch with either Judy Webb, focal minister, Llanwinio church or Keith Taylor, Cylch y Frenni Circle of Churches treasurer – details of both to be found inside the front cover of The Grapevine.

*Judy Webb*

## **PETAL POWER**

Chelsea had better watch out - the displays in Hermon chapel, Brynmyrnach Chapel and Llanfyrnach church were outstanding! For the church many thanks to Jane & Ruth from Glandwr WI for their lovely display on the font.

Alma did a very interesting display for the Heritage Group with a detailed map. Eirlys, Betty Morgan's sister, did a most impressive display of Wimbledon



***Above:  
Tabernacle's  
Sunday School trip  
to Tenby***



***Left:  
Picture of the  
wedding of Caryl  
Jones and Gerallt  
Edwards at the  
Tabernacle,  
Whitland.***



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including the strawberries and cream. The two bouquets alongside are the exact colours of the bouquets presented on ladies' finals day. She also did a very beautiful pedestal arrangement. Joyce Bolton our old faithful member did her usual window and pulpit arrangements as she has done for many years.



Betty made sure that the brasses were sparkling and the grass mown!! The rest was done by our few remaining members. The result was very rewarding — a real community spirit which ended with afternoon tea at Canolfan Hermon.

Generous donations enabled the Crymych Group of Churches to give £100 to Canolfan Hermon.

## LANWINIO W.I.

Members had a fantastic day out on the 9th of July when the sun shone brightly for their annual outing. This year they went to Celteg — a Winery and Plant Nursery at Henllan, and then on to Yesterday's Fashion where Terry Smith has amassed an amazing collection of vintage fashion and other collectables. Afternoon tea followed at Ty Te, Cenarth. Thanks to those who organised it all.

***New members are always welcome. Meetings are usually held at Llanwinio Community Hall at 2.00 pm on the second Tuesday of the month. For more information, contact the president, Anne Summerbell on 01994 484278***



# Meidrim and Merthyr

## Canon Jeffrey Gainer 01994 231378

### Services in August 2019

4<sup>th</sup> Seventh Sunday after Trinity

Meidrim	9.00am	Morning Prayer
	9.45am	Y Cymun Bendigaid
	4.00pm	Evensong
Merthyr	11.15am	Holy Eucharist

6<sup>th</sup> The Transfiguration of Our Lord

Meidrim	12.00	Holy Eucharist
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11<sup>th</sup> Eighth Sunday after Trinity

Meidrim	9.00am	Boreol Weddi
	9.45am	Holy Eucharist
	4.00pm	Hwyrol Weddi
Merthyr	11.15am	Y Cymun Bendigaid

15<sup>th</sup> The Blessed Virgin Mary

Meidrim	9.30am	Holy Eucharist
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18<sup>th</sup> Ninth Sunday after Trinity

Meidrim	9.45am	Holy Eucharist (bilingual, 2004 rite)
	4.00pm	Evensong
Merthyr	11.15am	Morning Prayer

24<sup>th</sup> Bartholomew, apostle

Meidrim	10.00am	Holy Eucharist
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25<sup>th</sup> Ninth Sunday after Trinity

Merthyr	9.45am	Holy Eucharist
Meidrim	11.15am	Matins
	4.00pm	Hwyrol Weddi

### Merthyr

Congratulations go to our churchwarden, Mr Ron Lewis, on being awarded First Class honours in his Master's degree from Lampeter. It must run in the family as



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his daughter Elaine has also been awarded a BA degree from Trinity St. David this summer. She too has been awarded First Class honours. Well done!

The older residents of the community may recall the Evans family of Parc-y-berllan. One of the children brought up there was Catrin who is shown in a picture in the church vestry on the occasion of a presentation to the late Revd Vivian Hughes. We are sad to report that Mrs Catrin Allen, as she became upon marriage, died recently in Cardiff at the age of 56. She is remembered fondly by her contemporaries who attended Sunday School here with her and we commend her to God's mercy and protection whilst assuring her family, some of whom still live hereabouts, of our prayers and sympathy in their loss.

Heartiest congratulations are extended to our treasurer, Mrs Marilyn Davies, who celebrated her 80th birthday in late June. To mark the event the congregation at the joint service on June 30th sang in her honour and enjoyed eating the birthday cake which had been made especially for the occasion. She has served most diligently as treasurer since 1974 when, as she mentioned, she was nominated for the post in her absence! No matter. Forty five years have elapsed during which she has not only taken scrupulous care of the church accounts but has also been active in organising and supporting fundraising events. She rarely misses a service on Sunday. In appreciation of all her efforts

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***Some photos from the recent Flower Festival.  
Displays were lovingly created by members of  
Llanfyrnach Church, Hermon Chapel  
and Brynmyrnach Chapel.***





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the Rector presented Mrs Davies with a gift of a Royal Doulton figurine from the grateful congregation. She in turn takes this opportunity of thanking everyone for their kindness and generosity on this happy occasion.

For about eleven years this parish had a particular link with nearby Abernant parish inasmuch as our Rector looked after the church of St Lucia there from the autumn of 2007 onwards. During that period the churchwardens were Mrs Ann Young and Mr Hugh Davies. On Friday, July 5, we heard that Hugh had died. We give thanks for a faithful servant of Christ and his church and a dignified and reliable friend, neighbour and gentleman. We especially extend the assurance of our thoughts and prayers to his widow, Eirlys – they had been married 61 years – and his family for theirs is the greatest loss. May Hugh rest in peace.

Please note that after the service on the first Sunday in the month there will be a Church Council meeting. We shall discuss the plans for repairs on the church



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building. Our thanks go to those in the honourable order of the laity who have given of their time and substance in carrying our various responsibilities these last few months and not least in preparation for the funeral of the late Mrs Joyce Walters.

- Cleaning the church and supplying the flowers on the altar: Jennifer Bott and Marilyn Davies (May); Jennifer Bott (June); Ann Rees, Sylvia Evans, Marilyn Davies (cleaning the church in readiness for the funeral).
- Strimming the churchyard: Charles Thomas.
- Spraying the car park: Huw Evans.

## **Meidrim**

Heartiest congratulations go to Mr Angus Bruce of Llys Dewi, Meidrim, who has distinguished himself in his degree examinations and obtained a First class Honours degree as Master of Mechanical Engineering at Exeter University. His proud parents are the Revd Adam and Mrs Victoria Bruce. Their daughter Rosa continues her studies at Durham University where she is studying Spanish and Russian. She intends spending several months in the next academic year in Santiago, Chile, and then in Tomsk in Siberia. Quite an adventure!

Best wishes and heartiest congratulations also go to Anna, daughter of Alan and Jean Thomas, Upper Village, on her marriage at Newcastle Emlyn to Mr Craig Simmonds on July 6. We wish them many years of happy married life together which they will begin in Llansadwrnen.

Have you visited Cardiff lately? If so you may have noticed people sleeping rough on the streets, a sad sign of problems facing them – and us. CRISIS is a charity which both informs us about the homeless and tries to help people in such a situation. The charity's latest newsletter underlines the deteriorating situation. In England too the situation has been getting worse. Since 2010 there has been there a 165% increase in the numbers of those sleeping rough and it is clear that renting privately is unaffordable for many. Whilst it may be true that homelessness may disclose other problems such as poor mental health, difficulties in relationships, and addiction to drugs and alcohol, yet it is plain that we now have a very big housing problem in this country. Much of our energy these past few years has been concerned with the United Kingdom's relationship with other European lands but attention to Brexit should not obscure the pressing problems that face us here in Wales of which homelessness and child poverty are outstanding, if depressing, examples. For more information visit: [www.crisis.org.uk/mike](http://www.crisis.org.uk/mike).

One of the heartening events in the village is the Carnival weekend which takes place at the end of July. Congratulations go to Miss Cerys Burns, the carnival queen this year, and her attendants, Megan Burns and Jessica Morgan. Megan has had a good year so far. She has not only passed her driving test recently but has also been successful in her examinations in animal management and hopes to have a career as a zoo keeper.

Cantorion Llanddowror gave a very enjoyable concert in Llanddowror church on Wednesday, July 10, when they were joined by the Carmarthen Ukulele singers from Carmarthen. The choir is in need of more singers, especially tenors, so if you are interested then please contact Ms Elizabeth Jameson on 01994 230800. The choir meets in Llanddowror church on Wednesday evening and sings a variety of secular and sacred music.

Talking of choirs.... Congratulations go to the Corran Singers who celebrate this year twenty five years since their foundation. The choir gave a concert at St Mary's church Tenby, on July 25<sup>th</sup> and supports various charitable causes. It has had two musical directors - Mrs Jameson for nine years and Mrs Heather Jenkins of Laugharne for the last sixteen years. Next year the choir is due to visit Canterbury and give a concert there.

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Congratulations go to Mrs Ann Davies (nee Lewis, of Pentowin) on becoming a grandmother on July 10. Her daughter Lisa gave birth in the English capital to a boy. Lisa was confirmed at St Martin's, Laugharne, by the then Provincial Assistant bishop, the Rt Revd David Thomas, on April 2<sup>nd</sup>, 2000. Her brother, Owen, who lives and works in the Welsh capital, was also confirmed during the same service.

# Whitland, Cyffig, Llanboidy

## Llandysulio, Clunderwen

The Reverend Kingsley G Taylor, BD MA  
01994 240494 ktaylor559@aol.com  
Assistant Priest Dr Canon Jeni Parsons

### Services in August

#### 4th Trinity VII

St Mary	10.00 am	Holy Communion
St David	11.30 am	Holy Communion

#### 11th Trinity VIII

St Mary	8.00 am	Holy Communion
St Tysilio	9.00 am	Holy Communion
St Mary	11.00 am	Matins
St David	11.00 am	Matins
Cyffig	2.30 pm	Holy Communion
St Brynach	4.00 pm	Holy Communion

#### 18th Trinity IX

St Mary	8.00 am	Holy Communion
St Mary	11.00 am	Matins
St David	2.30 pm	Holy Communion

#### 25th Trinity X

St Mary	8.00 am	Holy Communion
St Tysilio	9.00 am	Holy Communion
St Mary	11.00 am	Holy Communion
St David	11.00 am	Matins
St Brynach	11.15 am	Holy Communion
Cyffig	2.30 pm	Evensong





***Above: Sophie Whitmarsh with the Bishop after her ordination at St. Davids Cathedral  
Below: Members of Llanwinio W.I. at Cenarth at the end of their annual day out.***



## **Victorian, Old Fashioned or simply Traditional continued**

The Bishop has said it is alright to mourn the loss of the church as it was. In that case I am in denial for I still feel the way the church was is still alive. Continuing the theme from last month and taking into account the traditional view of the church for 'hatch, match and dispatch', I wrote of a traditional funeral so now I must include a wedding and a baptism. There is no comparison between a church wedding and a hotel wedding, I recently took a simple wedding in Cyffig Church. It wasn't 'over the top' and not trying to outdo the last wedding with the number of bridesmaids, there was only one maid of honour and one best man, and the church was decorated with wild flowers. The second of two Baptisms was during a communion service which doesn't always happen where I still use the green book and the traditional baptism service. We were also invited to tea after in plenty of time so I could arrange services in other churches so we could go, the tea was in the family home of Parké and they had catered themselves far better than many buffets we have been to. It was so homely and welcoming. The way ahead for the church is not by abandoning tradition but teaching the truth and changing hearts.

## **Congratulations**

Congratulations to Jeremy Bowen-Rees and Debra Barber on their marriage at Cyffig Church on 15<sup>th</sup> June. We wish them all the best for the future.

## **Welcome**

Welcome to the Church family to Elijah Odin Krelle (of family Rainbow) who was baptised in St Mary's on Sunday 9<sup>th</sup> June. And to Sara Eurwen Rosa Rees who was baptised in St Mary's on Sunday 23<sup>rd</sup> June.

## **Events so far**

Sat July 27	2.00 pm	Cream Teas Red Roses (Cyffig)
Fri Aug 9	6.00 pm	Barbecue at Station House (St Mary)
Thu Aug 15	7.00 pm	The History of Whitland from the last ice age by the Vicar at St. Mary's
Sat Aug 17	10.00 am—4.00 pm	Gift Day St Mary's
Wed Aug 21	7.00 pm	Bingo, Red Roses

## **Cyffig**

Going back to May and the Coffee Morning at Pen y Lan, thank you to everyone who came. It was a sunny morning but too windy to sit outside. Everyone



enjoyed and £260 was raised for Church funds. We had a delightful wedding in Cyffig on June 15th when Jeremy Bowen Rees married Deb Barber. We thank them for choosing to marry at Cyffig Church and wish them every happiness in their life together. We would also like to thank their guests for a very generous collection.

We have had the windows by the pulpit repaired. Thanks go to Eglwys Gymyn Community Council and a grant from the White Lion Wind Turbine fund.

Our next Fund raiser will be the Bingo Night on Wednesday 21st August in Red Roses Hall, 7.00 pm. for an 8.00 pm start.

## **Llanboidy**

### **St Brynach's Summer Fete**

A big thank you to all who worked so hard to make this a successful and enjoyable event. Special thanks to our President for the day, Mrs Cath Thomas, and everyone who came for the afternoon – it was also a great opportunity to have a chat and catch up on local activities. We raised the fantastic total sum of £930.80 (breakdown in Church porch). Well done everyone!

# **G. Williams**

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## **Llanboidy WI**

The July meeting of Llanboidy WI was held in the Llanboidy Social Club Family room for the first time. The Speaker was Mr Robert Jones who talked about Bees and Bee-keeping. Robert is obviously passionate about bees and has over 20 hives spread around Carmarthenshire and Pembrokeshire. He talked about breeding Queen bees as well as producing honey - types of honey and how creamed honey is made. Robert answered a lot of questions from members, some of whom have, or are about to have, bees of their own. The talk was interesting and included some very interesting facts previously unknown to most of the members. He was thanked by Brenda Worthing. Mavis and Sheila provided refreshments and the raffle prizes were won by Anna and Val. During the business meeting President Chris thanked all those who had provided and served refreshments for the County walkers on 6th July, thereby raising money for Llanboidy WI. Final arrangements were made for the trip to National Wool Museum in August and some members signed up to go to County events. After the August trip, the next meeting will be in the social club, at 7.30 pm, on September 12th, when Lindsay Halton will talk about Reading Houses.

## **Llanboidy Tug of war**

The year 2019 is an important year for the Llanboidy Tug O War Team. In 1969 a group of men came together to start competing in shows and local events. By 1971 they were winning all local competitions and they decided to join the Welsh TOW Association. It's hard to believe the club has gone from strength to strength from the initial stages. Llanboidy TOW Team is the most successful Welsh TOW Club where they have won more than 100 gold medals in the Welsh Championships. The Club has represented Wales 47 times in the 48 years they've been a member of the association. Llanboidy is the only team in Wales to win the World and British Championship. In 1977 Cyril Phillips, the coach, led the team to win gold in the 640Kg weights World Championships which took place in Jersey. In the past years, the club is going from strength to strength and is ending up continuously adding more medals to the club's cabinets.

On Saturday June 22<sup>nd</sup> 2019, the club held a TOW competition to celebrate 50 years of existence. It was lovely to see so much friends, village residents and past member of the club joining in together to celebrate the success. It was a glorious day with plenty of support for the competitors. Numerous teams attended to compete in the 4 weights for men, 2 weights for women, junior weights, mixed junior weights and senior. Llanboidy were the winners of all

men's weights but the most enthusiastic competition of the day was the mixed senior weights, where 8 Llanboidy men created 2 teams with 4 women from Hermon and 4 women from Cupid's Hill from the Hereford area, coming to a head after a tussle of 4 ends with Llanboidy/Cupids being victors. It was a day to remember with the celebrations carrying on till early morning. The club wishes to thank everyone who sponsored and helped during the day and for everybody that supported the event.

To end the festivities a dinner has been organised to celebrate 50 years of the club at Llanboidy Market Hall on October 19<sup>th</sup> 2019 at 7.30pm. To purchase tickets please contact Dorian Phillips 07889186036 or email Llanboidytow@gmail.com

Mae 2019 yn flwyddyn fawr i Glwb Tynnu Rhaff Llanboidy. Yn 1969 fe wnaeth grwp o ddynion ddod at eu gilydd i ddechrau cystadlu mewn sioeau a digwyddiadau lleol. Erbyn 1971 roeddent yn ennill y cystadleuthau lleol i gyd pan penderynnon nhw ymuno a Chymdeithas Tynnu Rhaff Cymru. Anodd credu bod y clwb wedi dod ben a cadw i fynd o nerth i nerth ers y dechrau. Clwb Tynnu Rhaff Llanboidy yw clwb mwyaf llwyddianus Cymdeithas Tynnu Rhaff Cymru, lle maent wedi ennill ym mhell dros 100 o fedalau aur yn Pencampwriaethau Cymru. Mae'r clwb wedi cynrhycholi Cymru 47 gwaith yn y 48 o flynyddoedd maent wedi bod yn aelodau o'r cymdeithas. Llanboidy yw'r unig tim yng Nghymru i ennill yn pencampwriaethau y Byd a Prydain. Yn 1977 fe wnaeth Cyril Phillips, yr hyfforddwr, arwain y tim i ennill aur yn y pwysau 640Kg yn Pencampwriaeth y Byd oedd yn cael ei gynnal yn Jersey. Yn y blynnyddoedd diwethaf, mae'r clwb yn mynd o nerth i nerth ac yn dod i ben a ychwanegu i cabinet medalau'r clwb.

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Felly ar dydd Sadwrn, Mehefin 22 2019, cynhaliodd y Clwb eu cystadleuaeth Tynnu Rhaff 50mlwyddiant. Hyfryd oedd gweld sut gymaint o ffrindiau, Tregolion y pentref a chyn-aelodau y clwb yn dod at eu gilydd I ddathlu y llwyddiant. Roedd hi'n ddiwrnod braf gyda digon o gefnogaeth I'r cystadleuwyr. Fe wnaeth nifer o dimoedd teithio lawr I Lanboidy I gystadlu yn 4 pwysau I'r dynion, 2 pwysau I'r menywod, pwysau iau a pwysau cymysg iau a hyn. Llanboidy oedd y ennillwyr yn holl pwyau'r dynion ond y cystadleuaeth mwyaf brwd o'r diwrnod oedd y pwysau cymysg hyn, lle wnaeth 8 o ddynion Llanboidy creu 2 tim gyda 4 merch o glwb Hermon a 4 merch o glwb Cupid's Hill I gystadlu yn erbyn eu gilydd. Roedd hon yn ornest galed I bawb gyda gyda'r dynion o Lanboidy a'r marched o Cupid's Hill yn dod I'r brig ar ol gornest 4 ochor. Roedd yn ddiwrnod I'w gofion I bawb gyda'r dathliadau yn mynd ymlaen hyd yr orie bore. Hoffai'r clwb ddiolch I bawb a helpodd yn ystod y diwrnod ac I bawb a wnaeth ddodd I gefnogi.

I gloi y dathliadau bydd cinio dathlu 50mlynedd y clwb yn cael eu gynnal yn Neuadd Llanboidy ar y 19 o Hydref 2019 am 7.30pm. I archebu tocyn cysylltwch gyda Dorian Phillips neu ebostiwnch Llanboidytow@gmail.com.

## **Whitland Choir members cycle ride to raise money for Breast Cancer Research**

The 5 members of Whitland Choir rode from Lands End to Whitland in horrendously hot weather and were joined at Bridgewater by Oliver Thomas, grandson of Hywel and Myfanwy Thomas, Brynderwen, and the late Ron and Elizabeth Williams (formerly of Thomas and Morris, Grocers, Whitland). He enjoys cycling, especially with the Vale of Taf Cycling Club, and joined the Choir cyclists at Bridgewater to ride back with them all to Whitland. He is studying at Salford University, Manchester. Well done all!

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***Above: Sue Jones and Huw manning the Bottle Stall at St. Brynach's Fete***



***Left:  
Merthyr church warden  
Ron Lewis and his  
daughter Elaine have  
both graduated with first  
class degrees at the  
University of Wales  
Trinity St David. Ron  
gained a Master in Arts  
(MArts) in Creative  
Writing in Lampeter and  
Elaine a BA in Advocacy in  
Carmarthen.***

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## St Brynach's Cleaning and Flower Rota

A reminder to all that the rota is in the Church porch (you should all have received a copy earlier this year) if you can not manage the date then please let one of the Church wardens know .

Aug 11 <sup>th</sup>	Eiry Williams
August 28 <sup>th</sup>	Dilys Scourfield
September 8th	Jan Griffiths

Please, please, please let me, Sue Jones have any Llanboidy news for the next edition of Grapevine and I will forward to Kathie, our Editor. My email: sue@llanboidycheese.co.uk, Phone: 01994 448303, Text : 07530 523813

## Whitland Male Choir

The cyclists: Gareth Edwards, Nigel Phillips, Richard Lewis, Paul Hughes, Gerwyn Richards, Melvin Thomas, and Rob Morgan.

They endured a tough time between strong crosswinds and 27C heat, especially on Dartmoor Moors. They persevered and achieved their goal in raising money for Breast Cancer Care, and Breast Cancer Research. It was done in four stages, Lands End to Tavistock, Tavistock to Bridgewater, Bridgewater to Cardiff Gate, and Cardiff Gate to Whitland.



At Bridgewater a Taf Valley Cycling Club member joined the cycle, Ollie Thomas. Other members joined in from Bridgend to Whitland. A total of 16 cyclists, a welcome escort home to Whitland. Arriving back at the Fishers Arms, Whitland



to a large crowd of family, friends, and choir members. Jayne Phillips welcomed her husband Nigel through the finish line. An emotional reunion for all. Jayne is having treatment for Breast Cancer at the moment.

To date the sum of £7,200 has been raised through functions, donations and JustGiving page. Brian Jones MD of Castell Howell Foods generously donated £500 to the fund, at the finish line. We are still open for donations on the choir's facebook page, or contact a choir member.

# 

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On Friday 12th July we have a concert with Gwydion Rhys, as soloist, at Pisga Chapel, Llandissilio at 7.30pm Tickets are £10.00, or pay at the door. Raising funds for Llandissilio Playing Fields Association.

On Friday 30th August we have a joint concert with the Corran Singers at Laugharne.

***Please note that the choir website is on [whitlandmalechoir.net](http://whitlandmalechoir.net) and not [Whitlandmalechoir.co.uk](http://Whitlandmalechoir.co.uk). We are also on Facebook.***

***We are still looking for new members to join our choir. If you are interested please attend our practice sessions on Thursday evenings at the Memorial Hall, Whitland at 7.30pm.***

***You can sit and listen or join in, no obligation.***

***You can also contact our Secretary, Hugh Lewis on 01994 240437***

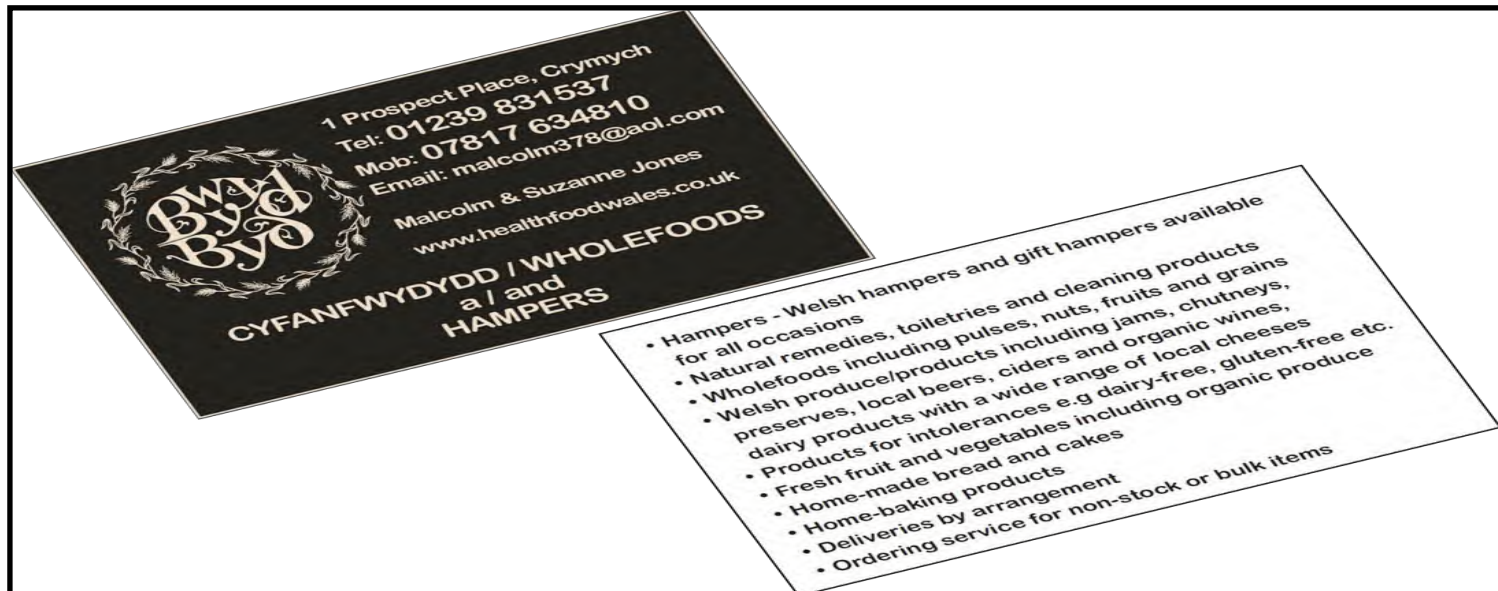
## Eglwys Gymyn

Summer time is a time when people are off on holidays so congregations tend to be a little reduced, but enthusiasm, faith and hwyl are never in short supply at Eglwys Gymyn. This last month has seen us missing one of our two key organists, Mr Brian Nicholas, who has undergone a heart valve replacement operation at Morriston hospital. Thankfully the operation was successful and he is now at home recovering and very impatient to be back in the community and getting on with his busy life.

I am always amazed and surprised at the generosity of people who are able to respond in such a Christian way when problems arise in a community. This year we have been struggling to raise the funds to carry out the repairs identified in the 2018 Quinquennial report! However our Gift Day appeal to present and



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past members of Eglwys Gymyn has yielded such a positive response that we now feel we can deal with all the issues, big and small.

We wish to sincerely thank all those who have donated so generously. We really appreciate all the help and to show our thanks all who donated were invited to our Church Hall for tea or coffee and cakes. Now we just await Faculty approval.

Services at Eglwys Gymyn are as normal:

August 4th/11th/18th --2.00 pm with Rev Huw

August 25th-- 2.00 pm Guest Minister Rev Michael Lewis

## St. Clears Walking Well Group



On the 10th of July members of the group had their annual outing, this time to Swansea Marina, where they enjoyed a walk along the Marina and a boat trip up the River Tawe where there is a lot of history to take in about Swansea's once prosperous copper industry.

***Walks take place every other Wednesday.  
Meet at St. Clears Leisure Centre at 10.00 am.***

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## **Trinity, Llanboidy, Tabernacle, Whitland and Bethel, Llanddewi Velfrey**

**Minister Revd. Guto Llywelyn, Tel. 01269 851655  
gutollywelyn@hotmail.com**

**Trinity:** Delyth Dent Tel. 01994 448606

delythdent@btinternet.com

**Tabernacle:** Meryl James Tel. 01994 240350

eryljames534@btinternet.com

**Bethel:** Eric Howells Tel. 01994 240205

erichowells@rocketmail.com

### **Services in August**

#### **August 4th, 2019:**

10.00: English Cong., Whitland - Whitland Week Service

14.00: Bethel, Llanddewi Communion Service with Baptism

#### **August 11th, 2019:**

10.30: Trinity, Llanboidy Joint Service led by Ms Delyth Jones

#### **August 18th, 2019:**

10.30: Bethel, Llanddewi Joint Service led by Mr Hefin Wyn

#### **August 25th, 2019:**

10.30: Tabernacle, Whitland Joint Service led by Mrs Annalyn Davies



## Tabernacle

The annual Sunday school trip went to Tenby this year. We caught the train from Whitland for a full day on the beach before returning by train.


The Sunday school finished for the summer the following week with a family service based on the Old Testament story of Joseph.

The Union of Welsh Independents held their Annual Meetings at Rhydymain near Dolgellau recently. During the meetings, Meryl James from the Tabernacle gave her annual report as the Union's treasurer.

We extend our condolences to our former minister, Rev. Jill-Hailey Harries who lost her mother, Val, recently.

A wedding was held at the Tabernacle recently and we send our best wishes to Caryl Jones and Gerallt Edwards.

We are looking forward, Friday, September 27<sup>th</sup> which will be a big night in the chapel's history. It will be on this night at 7.00 pm that we will be launching the first ever book on the Tabernacle's history. Denley Owen from Llandovery is the author, and everyone is welcome.



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## **Bethel Chapel**

The Chapel was full at our Communion service on July 7th for the baptism of young Morgan Hugh, the latest of at least five generations of his family to worship at Bethel. The service was a bilingual one and everyone enjoyed the family atmosphere.

The following Sunday was our English service, at the different time of 10.30 am to give everyone the chance to attend the “Special Sunday”, an annual joint denomination festival held this year in Kidwelly.

On 21<sup>st</sup> July Bethel joined Tabernacle and Trinity for our yearly trip, when we visited the St Davids and Fishguard area and held a service at Harmoni chapel Pencader.

Our last service of the month is the usual English communion.

We extend our sympathies to the family of the late Miss Morfydd Howells whose funeral was held at Parc Gwyn on 10<sup>th</sup> July. Morfydd was from an old Llanddewi family and was very active in the social life of the village for many years.

Several members are in hospital or Care Homes at present and our thoughts are with them and their families.

## **Trinity Chapel**

Most of the services in June were led by the minister, the Revd. Guto Llywelyn. The theme for the communion service on the first Sunday in June was the work of Christian Aid and its partners in improving healthcare in some of the poorest communities in Sierra Leone. The minister illustrated this valuable work with a slide presentation. Members contributed to aspects of the worship with prayers and readings. A collection was made towards the work of Christian Aid.

On Sunday, 16<sup>th</sup> June members from Tabernacle and Bethel chapels joined Trinity for a service led by Mr Hefin Wyn. The services in June were all well attended and appreciated by all present.

Members send their best wishes for a speedy recovery to all those who are not in the best of health at present.

We send our deepest condolences to members who have lost family and friends over recent weeks. We include in our prayers the Revd. Jill Hayley Harries whose mother has recently passed away.

## Collection!

***Please note that each church is responsible for collecting their own copies of the Grapevine from Reception at Dentron, Llys Myrddin, Efailwen.***

***They will be ready for you after 3.30 p.m. on the Saturday immediately preceding the last Sunday of the month.***



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2nd Saturday every month 2 pm

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Awst 10 August - Neuadd Bwlchygroes Hall

Medi 14 September - Canolfan Clydau Centre

Hydref 12 October - Neuadd Bwlchygroes Hall

Tachwedd 9 November - Canolfan Clydau Centre

Rhagfyr 14 December - Neuadd Bwlchygroes Hall

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### **CLWB CINIO CLYDAU LUNCH CLUB**

Please join us at our Lunch Club in the Canolfan Clydau in Tegryn, on the 4<sup>th</sup> Saturday every month at 12.30.

The cost will be £6 for a home cooked lunch, pudding and tea or coffee.

Everyone is welcome, but you need to book in advance.

Please phone Diana on 01239 612614 or Marie on 01239 698003.

**VOLUNTEERS ALSO WELCOME!!**

Ionawr 26 January 2019

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Mawrth 23 March

Ebril 27 April

Mai 25 May

Mehefin 22 June (outing)

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Awst 24 August

Medi 28 September

Hydref 26 October

Tachwedd 23 November

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