

Grapevine

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www.frennichurches.org.uk

LMA Dean: The Revd Kingsley Taylor, BD MA, 01994 240494 rev@frennichurches.org.uk

Focal Ministers

Clydau:	Mrs Elizabeth Law	01239 698607	clydaufm@frennichurches.org.uk
Llanfyrnach:	Mrs Eunice Batchelor JP	01239 831556	llanfyrnachfm@frennichurches.org.uk
Llanwinio:	Mr Philip Higginson	01994 484498	llanwiniosec@frennichurches.org.uk
	Mrs Judy Webb	01239 698405	llanwiniofm@frennichurches.org.uk
Mynachlog-ddu:			mynachlogddufm@frennichurches.org.uk

Pastoral Eucharistic Assistants

The Focal Ministers

Mr David Carter	01239 831103	llanfyrnachwardens@frennichurches.org.uk
-----------------	--------------	--

PCC Secretaries

Clydau:	Mrs Elizabeth Law	
Llanfyrnach:	Mrs Hazel Jones 01239 831595	llanfyrnachsec@frennichurches.org.uk
Llanglydwen:		llanglydwensec@frennichurches.org.uk
Llanwinio:	Mr. Hugh Phillips 07971 54772	
llanwiniosec@frennichurches.org.uk		
Mynachlog-ddu:	Mr Alex Velky 01994 419849	mynachlogddusec@frennichurches.org.uk
Publicity Officer		
Mrs Sharon Edge	01437 532 681	publicity@frennichurches.org.uk

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<u>Editor:</u>	Ms Kathie Dubben, Myrtle Hill, Gellywen, SA33 6DS	editorgrapevine@frennichurches.org.uk
		01994 484404

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<u>Treasurer:</u>	Position Vacant	gvtreas@frennichurches.org.uk
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EDITORIAL

What is poetry? Essentially, it is an intense form of language that works on the mind at *more than one level, affecting us emotionally as well as intellectually*. We live with it every day through our exposure to popular songs, and the cadences and rhythms of everyday speech that we share with other people. We take it for granted.

There is no greater repository of poetry than the Bible, and, perhaps miraculously, and unlike most poetry, it survives translation and seems to work in every language. Perhaps the best examples are the Book of Job, a profound meditation on the nature of God, the Song of Solomon, a celebration of human sexuality, and, of course, the Psalms.

For well over 2,000 years, the Psalms have been, for Jews and Christians, a practical lesson in learning how to pray. By simply reading a psalm (especially aloud) we join the community of believers over the centuries who have talked directly to God and bared their deepest thoughts and feelings. In Matthew 27 we hear in the original Aramaic, the language that Jesus would have used every day, the opening line of Psalm 22 “*eloi eloi lama sabachtani*” – My God, my God, why hast thou forsaken me? Our Lord, on the cross, is praying through a psalm.

The psalms explore and express every human emotion, from anger to joy, from misery and self-pity to thankfulness, and by simply reading them we enter a channel that allows us to share our deepest feelings with God. It is

no coincidence that the psalms are central to the prayer life of the monastic tradition – the monks on Caldey Island sing all 150 of the psalms in a two week cycle. Perhaps we could start our own practice – a psalm a day keeps the blues away!

Staying with the theme of poetry, we are privileged to have a fine poet living in our own ministry area, Wyn Owens, Mynachlog-ddu, is a master of *cynghanedd*, the ancient and complex form of prosody that is only found in the Welsh (and to a lesser extent in the Breton) language. This time last year, during the first lockdown, he composed, using the *englyn* form, a series of meditations on Lent. Little did he or I know that we would still be here now. Wyn has kindly given his permission to share these.

Phil Higginson



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Meditations during Lent 2020

Myfyrdod yn ystod y Grawys 2020

Cyfnod a'i drallod mor drist – yw'r cyfnod,

Cefnaf arno'n bendrist.

Eithr i'n cymdeithas athrist

Ger bwys mae'r Grawys, o Grist.

Mawr yw'n pryder rhag cerrynt – y feirws

Mor farwol cei helynt.

Anodd, mor anodd yw'n hynt

Drwy rannu'r un dwyreinwynt.



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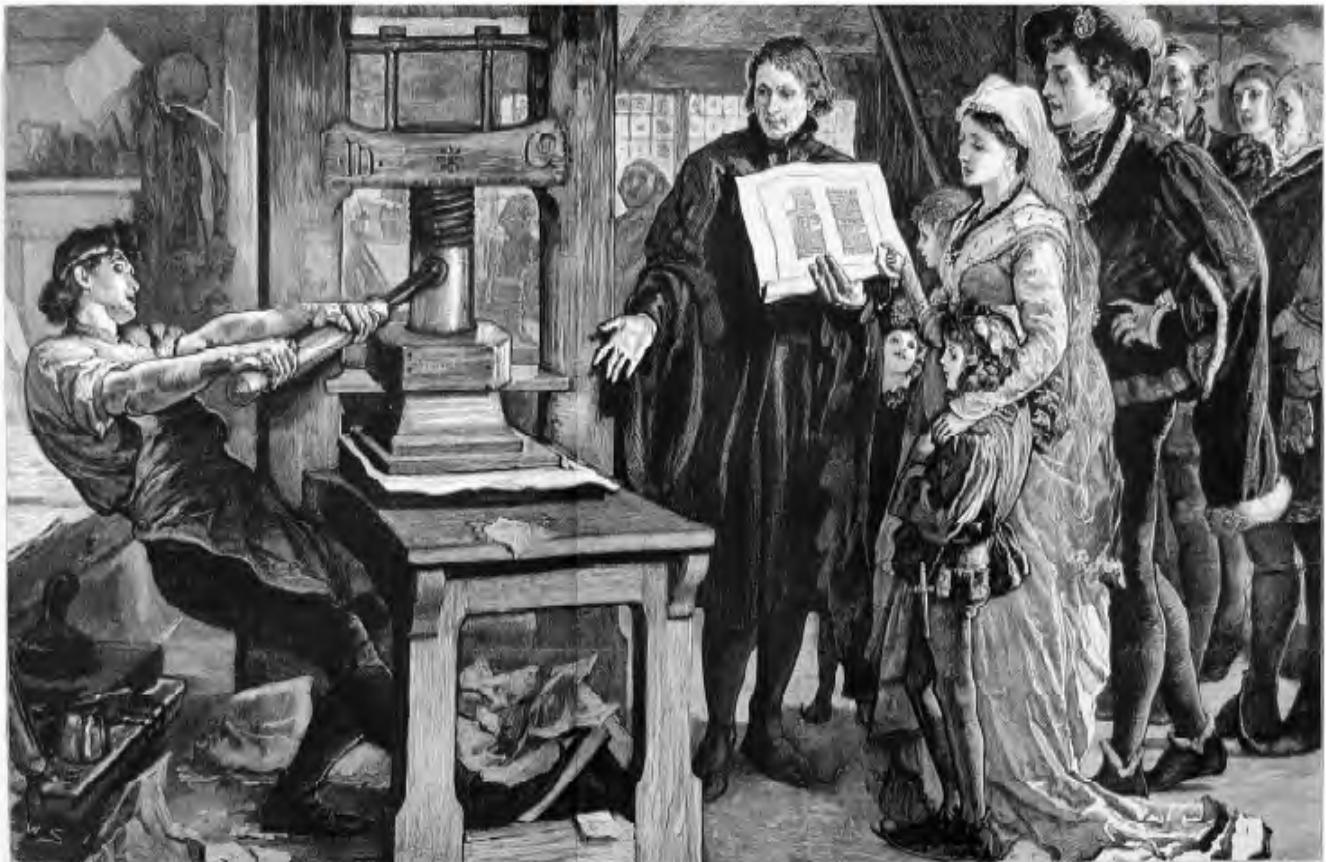
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A'r byd hwn, clywn ar bob tu
Mwy'n ein hoes am ynysu.

Oes i'r ddaear ymwared – rhag y haint
Garw'i graith? Gwae'n tynged!
Gwae lwydd yr aflwydd a red
O gwr i gwr agored.

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Printers of this magazine

A wêl gynnwrf oesol y gwanwyn – wêl
Eilwaith dwf ar brysglwyn.
Gwelwn barhad y gadwyn
A gobaith yn iaith yr âwyn.

Ond nid yw'n Sul gosod blodau – ar fedd,
Mor fawr yw'n gofidiau.
Daw'r Iesu er hyn drwy'r drysau
Gan glefyd sy'i gyd ar gau.

Bore oer, bore arall -gwanwyn yw!
Er'r hen gnaf anniwall.
Wanwyn brau ein dyddiau dall
Daw d'obaith drud a diball.

I feichiau ein hafiechyd – doed ein Duw
Dy nerth drecha'n hadfyd.
Cwmni Crist yn ein tristyd
A'n bywha, a leddfa'n byd.

Ei alwad Ef i'w ddilyn – a'i einioes
A wna inni berthyn
Ail fywyd ddaw i gyd-ddyn;
Egni a daioni dyn.

Ara bach y gwawria'r byd – ara deg
Yw'r dail i ddychwelyd.
Ara yw'r twf o'r gweryd,
Ara'r gainc a'r oriau i gyd.

Pa falm ar Sul y Palmwydd - welwn ni
Eleni? Oherwydd

Gwyl heb gyffwrdd â'n gilydd
Ydyw hon dan rwymau'r dydd.

Daw i'w hwybren lygaid Ebrill – â'u haul;
Ar eu hôl daw'r gweddill.

Tan wenu maent yn ennill,
Flodau hardd y bard a'i bill.

Gwelaf, fe all briallen – o'i hencil
Wrth foncyff y goeden
Yn ei ffordd godi ei phen
Mewn clwstwr i alw'r ddeilen.

Ein habwth a â heibio, - rhodd, o Dduw
Yw'r ddawn i freuddwydio.
Y Pasg hwn cadwn mewn co',
Bythol yw ein gobeithio,

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Yn oriau ein pryderon – ein cyfran
Yw cyfrif ein bendithion.
O aelwyd ein helbulon
Diolchwn, brwydrwn o'r bron.

Clywch drydar adar y wig – aria hen
I'r enaid anniddig.
Moriant, canant bob cynnig
Y bore hwn ar y brig.

Yn nolur y ddynoliaeth – lôr addfwyn
Mae griddfan a hiraeth.
Gwanwyn â'i feddyginaeth
Yw dolef pob cartref caeth

Wyn Owens

Cylch y Frenni Circle of Churches Clydau, Llanglydwen, Llanfyrnach, Llanwinio and Mynachlog-ddu

MERCY'S NEW LEGS – APPEAL

As we think everyone knows by now, the Crymych Group of Churches House Group supports an 11 year old Ugandan girl named Mercy who lost her lower legs in a housefire as a baby, and is fostered by an amazing lady who sadly recently has become a lone parent with 3 children of her own.

*Right:
Eunice's dog, Max, who
knows exactly where to
stay during all this
dreadful wet weather!*

*Below:
Eunice's latest lock-
down quilt which, when
hung, depicts a stained
glass window. Next
project—a quilt for a
double bed from
America called Majestic
Sky.*



We have over the past year funded a lot of medical treatment for Mercy. After Christmas she had an operation to open one of her stumps, cut back the legbone that had grown through the stump (the bones will keep growing for a while yet and require plastic surgery). At the beginning of the pandemic she broke one of her fairly recently acquired prosthetic legs (which we funded) so we paid for 2 prosthetics experts to travel from the hospital in Entebbe to Fort Portal to repair the leg.

Now that her stump has healed they have found that she is too heavy for her 'old' legs to bear her weight and she needs a new pair.

Due to lack of any fundraising events, it has been very difficult to keep the Fund topped up, the main input coming from the proceeds of sales of Judy's crochet which made £763 for the fund in 2020. Thank you to everyone who donated, bought hats etc. However the Rwenzori Medical Fund Account balance stands now at £15. The cost of the new legs will be nearly £1,000. This will include cost of travel to hospital and home for Mercy and carer (250 miles by taxi over very rough roads) plus hotel accommodation while the legs are being made, then fitted. Without the legs she won't be able to return to school – or indeed walk, of course.

We wonder if you would consider sending us a donation to help us help Mercy – every penny counts! As you can see from the picture, Mercy really has grown from the sad little soul we first took under our wings, but she and her foster family don't have an easy life – 'Mum' works full time supporting Aids orphans while her younger sister holds the fort at home. Mercy suffers occasionally from malaria and sickle cell anaemia which require medical care.

If you do feel able to make a donation, this can be by cheque made payable to the Rwenzori Medical Fund – further details from Judy Webb, 01239 698405 or e-mail judy.webb@btinternet.com Or directly into the bank account – RWENZORI MEDICAL FUND. 20-18-17. A/c No. 03446751. Thank you!

Hazel Jones, Val Shuker, Cheryl and Keith Taylor, and Judy Webb

PS I've been asked for the meaning of the word Rwenzori. Fort Portal where the family lives is close to the Rwenzori mountain range. The moon

appears to rise from within the mountains – hence the name Rwenzori – the home of the moon.

More Uganda adventures: a journey of faith

I arrived in Uganda as a volunteer teacher aged 18. Now, all my life so far I had been a church-goer. In the 1950s my family and most friends in our Hampshire village went to church. There was Sunday School at 3.00 pm, and we children walked the half mile in a group, each with our penny collection and little record book in a pocket. If it was a nice sunny day I moaned: ‘Oh, must I go? I want to play outside,’ and sometimes the answer was: ‘All right then, just this once....’ We sat on kneelers in the cold-all-the-time vestry and listened to Bible stories, looking at pictures, and sticking our illustrated stamps into our little books. Oh, and there was the treat of orange squash and biscuits.

At my secondary school there were boarders, and a chapel with a robed choir; chapel on Sundays was compulsory. I believed in the familiar Bible

Just bought a book from IKEA



stories; the patterns of the church year and weekly services were, well, part of ... life. But lots of pupils at school didn't believe anything and said so, and that made me feel uneasy, and I began wondering if there was anything people were meant to *feel* about God and Jesus. I certainly didn't *feel*: my faith was crammed full of *oughts*, and guilt at not being able to think up any sins to repent about. Not comfortable. Why did we have these old-fashioned words repeated parrot-fashion every service? And the preachers talked of being good and praying regularly and of going to heaven and of I can't remember what else. We had to sit still and listen with no giggling or note-passing during a service. I liked singing in the chapel choir, but it was the music I loved – the words were incidental, though carols at Christmas were special and meaningful.

So to my school-leaver VSO (Voluntary Service Overseas) in Uganda. My parents had been warned that I'd be faced with a Christian faith there which was extreme, and I might come back with 'funny ideas'. How interesting, I thought, but that doesn't worry me. I arrived at the Mission-run school in Kabale, in the south west of the country near the Rwandan border, and was welcomed warmly. Grace was said before meals, and the missionary teachers' conversations were peppered with 'Praise the Lord', and admissions that they 'had something to confess' to one of their fellow brothers or sisters. There were frequent prayer meetings, and I was invited

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to some of these, but was told I might feel uncomfortable and mystified at first.

I was mystified, yes, but it dawned on me that these people were really enlivened by Jesus, and they saw mankind and the world differently. Their mission in life was to fulfil the command of Jesus ‘Go and make disciples of all nations’; they wanted everyone to give themselves to Jesus and become ‘saved’. A new and very strange concept to me.

As the weeks went on I learned more about this faith from colleagues, teachers, neighbours and girls in the school. I have to admit I was confused, and felt trapped in a corner. There was so much warmth and conviction amongst the committed Christians, but they had a narrow outlook, making art, books, music, cinema-going, dances and parties, ... well ... irrelevant for them. The Bible was everything.

However, I took the plunge and committed myself to Jesus. Immediately the words of the Bible and the Prayer Book came to life, and I ‘got it’! This changed everything, and I was welcomed with joy to *all* prayer meetings, led evening hymn singing with the girls in school, and enjoyed the Sunday services in St Peter’s Church. But I was still ‘me’, and I had to sort out how my new life would be. When I got back home to the UK I found it hard to slot into any group of like-minded Christians; it was difficult explaining my new ideas to my family and friends, and uncomfortable to be the odd-one-out. Gradually I did find a place, and my faith became the backbone of my life, and a great solace in my young 20’s confusion, and the depression which overtook me at times.

Over the years I have travelled with various belief patterns, and have now adopted Christianity with a broader outlook, which is not exclusive and is allowing me, at last, to be honest with myself. Being the wife of a liberal vicar has helped and educated me – thank you husband Vicar Jonathan!

Susie Copus

(Apologies from the Editor—the photographs to accompany this article appeared in February’s Grapevine by mistake.)



*Eve and Margaret's dog, Libby, enjoying a frolic in the snow with
a young neighbour!*



Llanfyrnach

Llanfyrnach Church will be holding a service on the 14th of March - Mothering Sunday - which will be conducted by The Ven. Paul Mackness at 11:15 am. It would be lovely if we could see you there (masked of course) to join us in praise and prayer.

Posies will be available for you to take home

Please let me or David Jones know if you are joining us so that we may seat you safely.

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Snow in Llanfyrnach!!

We had a lovely morning a few weeks ago when our neighbours' children came up to see us and tobogganed down our field which was like a ski slope! Libby decided to stay and play with the baby whom she loves. Photos on page 16. We decided not to try the tobogganing this year!!

We wish Kathie, our editor, a safe and speedy recovery, having had a long awaited hip replacement operation in January.

Eve & Margaret

Message from Editor:

Thanks Eve, I am finally off my sticks and back behind the wheel!

**Meidrim and Merthyr
Canon Jeffrey Gainer 01994 231378
sieffremeidrim@googlemail.com**

Services in March

The pattern hitherto will continue, that is, on Sundays the Eucharist will be celebrated bilingually at 9.45 am. Morning Prayer precedes that service at 9.00 am, and Evening Prayer follows it at 4.00 pm.

The Sundays and special days in March are as follows;

- | | | |
|----|--|---------------------------|
| 1 | Gwyl Dewi Sant | 10.30am Y Cymun Bendigaid |
| 7 | Third Sunday in Lent | |
| 14 | Fourth Sunday in Lent (Mothering Sunday) | |
| 21 | Fifth Sunday in Lent (Passion Sunday) | |
| 28 | Palm Sunday, beginning of Holy Week | |

Until the sixth Sunday in Lent, that is March 28th, the Sunday Eucharist during Lent will begin with the Litany.

Details of the Holy Week arrangements will be announced in due course, and in the light of the restrictions applying at the time. It is hoped to resume public worship at Merthyr Church on Easter Sunday morning at 11.15 am.

Meidrim

Congratulations and good wishes go to Miss Cerys Burns who celebrated her eighteenth birthday on February 26th. Cerys is hoping to attend university in the autumn and to follow a course in dietetics.

St. David is the only patron saint of a constituent country of the United Kingdom who is a native of the land with whom he is associated. St. Patrick, whilst known as the apostle to the Irish, did not come from the emerald isle and it seems almost certain that his mother tongue was a form of early Welsh. St. George is not even the original patron saint of England - Edward the Confessor had that honour before George - and in any event George is also the patron saint of Malta and Portugal and his origins lie, it seems, in Asia Minor. St. Andrew is of course a Jew from Palestine and not a Scot.

David early on became famous as a Christian ascetic, the founder of a monastic community in the most westerly promontory of Wales, and by the



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ninth century was also extolled as a national hero in the Welsh poem known as Armes Prydain. Curiously enough the earliest written reference to David is found in an Irish monastic source, although the inscription on the wall of Llanddewi Brefi church is also very early testimony to David's fame.

A few years ago the Aberystwyth scholar, Gerald Morgan, produced a useful book on the cult of St. David, published by Y Lolfa. The same author will contribute to a special edition of Dechrau Canu, Dechrau Canmol on S4C on Sunday February 28th when he will enjoy the company of the newscaster, Mr Huw Edwards, and speak about the connections of Dewi Sant with various places in West Wales. Here in Meidrim we rejoice in the connections with our patron saint to whom our own ancient parish church is dedicated. Indeed the Welsh poet Gwynfardd Brycheiniog mentions Meidrim in his famous poem in honour of the saint, a poem composed in about 1270. The television programme itself will conclude with Mr. Edwards visiting St. Davids Cathedral and asking some questions about the spiritual significance of that beautiful edifice and its contemporary significance for Christianity in Wales and beyond.

A note from the Vicar: When walking down to church this morning I noticed a van parked across the entrance to the churchyard and thought to myself, What's going on here? I need not have worried, for on entering



Rwenzori Medical Fund

Treasurer: Keith Taylor, Brynderi Farm, Blaenwaun,
Whitland SA34 0JD
Tel. 01994 448653 Mob 0793 141 2156
Email:- gw3wwh@wacral.org



***Mercy in Uganda who is supported by the Crymych Group of Churches House Group
and who will be neither able to walk nor go to school until
she gets a new pair of prosthetic legs.
See page 9 for details of the appeal.***



God's acre I noticed Mr Cecil Harper hard at work and cutting back some overgrown branches of the trees on the boundary of the churchyard. He then explained that he intended doing some further work which would involve cleaning out the guttering on the church building. This conversation and experience reminded me, and reminds us all, of the extent of voluntary work and good will that enables us to maintain our churchyards in good repair. Having said that, I should add that it seems likely that in order to comply with the requirements of the County Council we shall soon have to spend a minimum of £3,000 on necessary work in the churchyard, work which may not be done save by professionals. Hopefully visitors and regular worshippers alike will appreciate these efforts of volunteers and paid employees alike.

G. Williams

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Merthyr

We assure Mr Christopher Rees and his family of our thoughts, prayers and support at this testing and sad time. Just five months after the death of his father, Albert, his mother Mrs Dorothy Brenda Rees passed away at home. On Tuesday, February 16th, her mortal remains were buried in St Anne's churchyard, Cwmffrwd, and appropriately so inasmuch as Brenda had worshipped faithfully in that church for many years. Latterly, despite her health problems, we were pleased to see her at worship in Merthyr surrounded by family members. They surrounded her with love and care to the last too. Bydded bendith Duw arni a llewyrched goleuni gwastadol arni. Gorffwysed mewn hedd.

A note from the Rector:

As you know it goes very much against the grain for me to cancel any service of the Church but the circumstances brought about by the pandemic have resulted in the interruption of regular services at Merthyr for some weeks now. Hopefully however the continuing decline in the number of cases and deaths resulting from Covid 19, and the increasing number of those who have received an injection of the vaccine against the coronavirus, may enable us to reopen the church for public worship by April and ideally by Easter Day on April 3rd. I well remember Easter Sunday morning last year during what is now called the first lockdown when three of us stood outside the Vicarage in Meidrim and sang heartily the hymn "Jesus Christ is risen today" as an act of worship and witness. Hopefully we shall be able to sing that and the other joyful resurrection hymns in our hearts if not on our lips on Easter Day in 2021. But whatever happens we do well to reflect on the experiences of this past year. Many have drawn some comfort, I know, from watching services on Zoom and the like, and all credit is due to those who have sought to meet a genuine pastoral need in this way by the use of modern technology. However, just as we all have missed meeting family members and friends these past months, so too we realise that there is nothing quite so rewarding as seeing family members face to face here below - unless it be seeing them hereafter in the communion of saints! The deprivation of the sacraments

and Common Prayer is a very real loss to all who believe in the real presence of the Lord in the Holy Eucharist and in the centrality of worship in the Christian life.

Jeffrey Gainer

East Landsker Ministry Area

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The Reverend Kingsley G Taylor, BD MA

01994 240494 ktaylor559@aol.com

Assistant Priest Dr Canon Jeni Parsons

Lay Worship Leader Mr. Nathan Jenkins

eastlandsker.com

Services in March (hopefully)

Sunday 7th	The Third Sunday of Lent		
10.30 am	Morning Service	St Tysilio	PM
11.00 am	Morning Service	St Mary	KT
11.00 am	Morning Prayer	St David	NJ
3.00 pm	Evening Prayer	St Brynach	KT
Sunday 14th	The Fourth Sunday of Lent, Mothering Sunday		
11.00 am	Morning Prayer	St Mary	KT
11.00 am	Morning Prayer	St David	NJ
2.30 pm	Evening Prayer	Cyffig	KT
Sunday 21st	Passion Sunday		
11.00 am	Morning Service	St Mary	KT

11.00 am	Morning Prayer	St David	NJ
Sunday 28th	Palm Sunday		
11.00 am	Morning Service	St Mary	KT
11.00 am	Morning Prayer	St David	NJ
2.30 pm	Evening Prayer	Cyffig	KT

Of course as most of the Churches have been closed since January I don't know which ones will be open by then. St Mary's and Cyffig have remained open throughout.

Lent

When I began to help with re-opening churches last summer, the books were still open at Lent, so I expect all the churches that didn't open are still in Lent from last year. This has been the longest Lent ever and we have all given up so much already. We can only hope that when things open up again this year they will not have to close again. Easter is approaching and we lost Easter last year, I do not know what sort of Easter we will be able to have this year but I will do my best.

I Vow to Thee My Country

I have always enjoyed listening to the singing of this patriotic hymn, whose words I recently found in a 1924 edition of Poems of Today (published by Sidgwick & Jackson Limited of London). The book explains that Sir Cecil Spring Rice wrote the poem on the evening of January 12th 1918, when he returned home to England from Washington. He had been serving there as Britain's Ambassador to America – during which time he successfully secured America's entry into the Great War. Sadly, he died within one month of stepping back onto English soil.

The words are captivating and bring into line his love of England with that of 'another country' that quite clearly manifests itself as Heaven in the second verse. Here are those beautiful words that are remembered best

when resonating around the Royal Albert Hall during the Festival of Remembrance Service:

**And there's another country, I've heard of long ago
Most dear to them that love her, most great to them that know.
We may not count her armies; we may not see her king
Her fortress is a faithful heart, her pride is suffering.
And soul by soul and silently her shining bounds increase
And her ways are ways of gentleness and all her paths are peace.**

Roger Penn

News from Llanboidy March 2021

Again a quiet social time here in Llanboidy, but lots of action on the Covid vaccine front as many of us are being called to have the vaccination and the uptake has been very positive. I am full of admiration for the NHS and all doctors, nurses, volunteers and administrators, etc. who have rallied round and achieved such amazing results .

Well done and thank you all so much !!

Thanks also to those members of our local community who have rallied around to help their neighbours needing help with grocery deliveries, vaccination and doctors' appointments, errands and other jobs, and to those who have kept up phone contact with people on their own or housebound and all the other things done to help out .

Particularly to Rodney and his staff at our local Spar Shop for their help and care over keeping us safe when shopping there – Rodney's shop is like an Aladdin's cave as he stocks an amazing array of goods and is always willing to order items we need and deliver if we cannot collect – Diolch yn fawr !!!



**Above: Tabernacle, Trinity and Bethel keeping in touch over Zoom
Below: Looking forward to the bluebells!!**



We are so fortunate to have these considerate people around us and with Spring around the corner things are improving - we have crocus and snowdrops and primroses flowering well and the first of the hyacinths and Welsh daffodils are starting to burst into flower – it makes me so happy to see them.

We have had a lot of new families move into the village and local area and a warm welcome is extended to them, although we are unable to make them welcome in person, and we look forward to resuming village activities and inviting them all to meet us - and hopefully join in - in the future.

Our village school, Ysgol St. Brynachs is hoping to start welcoming pupils back on the 25th of February and we wish them all a happy and safe reunion with their teachers and friends.

Congratulations to Sammy Thomas, Brynderwen on the birth of a Great - granddaughter, Madi .

We are sorry to learn of the deaths of Marina Thomas of Llanboidy and Dewi Rees of Bron y gaer, Llanboidy .

Dewi was formerly farming at Blaenpanteg and had reached the amazing age of 97 years - he leaves 2 daughters, Lilian who lives in Carmarthen and Hafwn who lives in Bristol. Our condolences go to the families of Marina and Dewi.

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We are unsure about Church services due to Covid restrictions - please phone Vanw on 01994 448249 to check beforehand.

Many thanks to Jan Griffiths for sending me amusing cartoons and making me laugh, some of which have been included in this magazine!!

Keep well and safe everyone and enjoy what we all have which is a beautiful and friendly area in which to live - and remember a problem shared is a problem halved, so please ask for help if you need it, or just want a friendly ear to listen to you and I will certainly try and help you – my contact details:

My email: sue@llanboidycheese.co.uk

Phone: 01994 448303

Text: 07530 523813

CIFFIG

Does anyone else have days when it's difficult to feel positive? Fed-up with one's own cooking, no point in doing housework, no one will call?

Well I've decided to make a list of all the good things, however small, and pull myself together.

This morning the Sunrise was so spectacularly red, I know this is said to be "Shepherds Warning" but just for a few moments it was amazing and I was

glad to be up in time to see it.

We haven't had any rain recently so the buckets in the Church Vestry are empty which is certainly a good thing.

And, in spite of the icy wind, crocuses and snowdrops are bravely flowering. The days are drawing out and lots of people are getting the Covid Jab, including me! What's to complain about?

We at Cyffig are very grateful to Rev. Kingsley for keeping our Church open. Also to everyone else who helps life to go on during this seemingly unending "lockdown".

We send our thoughts and very best wishes to Mr. Colin Beynon who is about to have some chemo-therapy at the Heath hospital. We all wish him a good recovery.

Best wishes to Mrs. Mary Richards who is unable to come to Church during this very cold and wet weather. We miss you Mary, hope you'll soon feel able to join us again.

Here's a poem by Robert Frost 1874-1963:

I hope all threat of snow or frost will be over by the time you read it!

Stopping By Woods on a Snowy Evening

Whose woods these are I think I know.

His house is in the village though;

He will not see me stopping here

To watch his woods fill up with snow.

My little horse must think it queer

To stop without a farmhouse near

Between the woods and frozen lake

The darkest evening of the year.



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He gives his harness bells a shake
To ask if there is some mistake.

The only other sound's the sweep
Of easy wind and downy flake.

The woods are lovely, dark and deep.
But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep.

A PESSIMIST sees a dark tunnel.

An OPTIMIST sees light at the end of the tunnel.

A REALIST sees a freight train.

The TRAIN DRIVER sees three idiots standing on the tracks!

Trinity, Llanboidy, Tabernacle, Whitland and Bethel, Llanddewi Velfrey

**Minister Revd. Guto Llywelyn, Tel. 01269 851655
gutollywelyn@hotmail.com**

Trinity: Delyth Dent Tel. 01994 448606

delythdent@btinternet.com

Tabernacle: Meryl James Tel. 01994 240350

Meryljames534@btinternet.com

Bethel: Eric Howells Tel. 01994 240205

erichowells@rocketmail.com

Tabernacl, Hendy-gwyn

Yn ystod y 'lockdown' cyntaf, fe wnaeth y bardd Casia Wiliam, ysgrifennu cerdd ardderchog o'r enw 'Duw ar 'Zoom''. A dyna yw hi wedi bod yn ystod yr wythnosau diwethaf wrth i ni gynnal oedfa bob bore Sul trwy 'Zoom'. Os oes rhywun eisiau ymuno gyda ni unrhyw bryd, neu ymuno gyda'r gyda'r Grwp Trafod y Beibl neu ymuno gyda'r cwisiau misol, mae croeso cynnes i chi wneud hynny. Ffoniwch Guto ar 01269 851 655 i gael mwy o fanylion.

Dyma y gerdd yn llawn:

During the first lockdown the Welsh language poet Casia Wiliam wrote an excellent poem called 'Duw ar Zoom' (God through 'zoom') And that has been the case for many of us these last few weeks as services ar held online and through 'zoom'. Here is the poem:

Duw ar Zoom

Rhywsut aeth Duw yn ddiarth.

Rhwng y naw tan bump a plant i'w gwlâu a gwaith yn galw
doedd dim lle iddo yn sêt fawr fy mywyd.

Bob hyn a hyn dôi yn ôl yn annisgwyl
wrth i mi lenwi troli, neu lyncu'r È ffôr sefnti

ond wastad â chymun o euogrwydd
am beidio twyllu ei dŷ cyhyd.
Ond rŵan, a ninnau yng nghanol
y tywyllwch tywyllaf,
dyma fo, ar fy nglin, lond y sgrin, lond y gegin.
Duw ar Zoom.

A ffasiwn sinig, mi daerwn y byddwn
wedi mynd am y groes yn syth,
ond na, arhosais ennyd
i glywed adnod, i geisio ei lais eto,
i weld os medrwn estyn croeso iddo
yn fy nhŷ fy hun.

Ac yn lle'r festri oer a chwech yn gwmni
dyma lond y we o gwmpain;
a dros goffi, mewn pajamas,
yn ein gwylâu ella, daeth y ne' atom ni.

O dro i dro,
rŵan ei bod hi'n dechra g'leuo,
wrth i mi osod bwrdd neu
hel llestri brecwast,
mewn eiliad o heddwch,
mi ga i ryw air bach efo fo
a mae o i' weld ddigon bodlon
i ni gwrdd fel hyn,
yn bytiog rhwng prydau,
a minnau heb ddim byd am fy nhraed.

Casia William

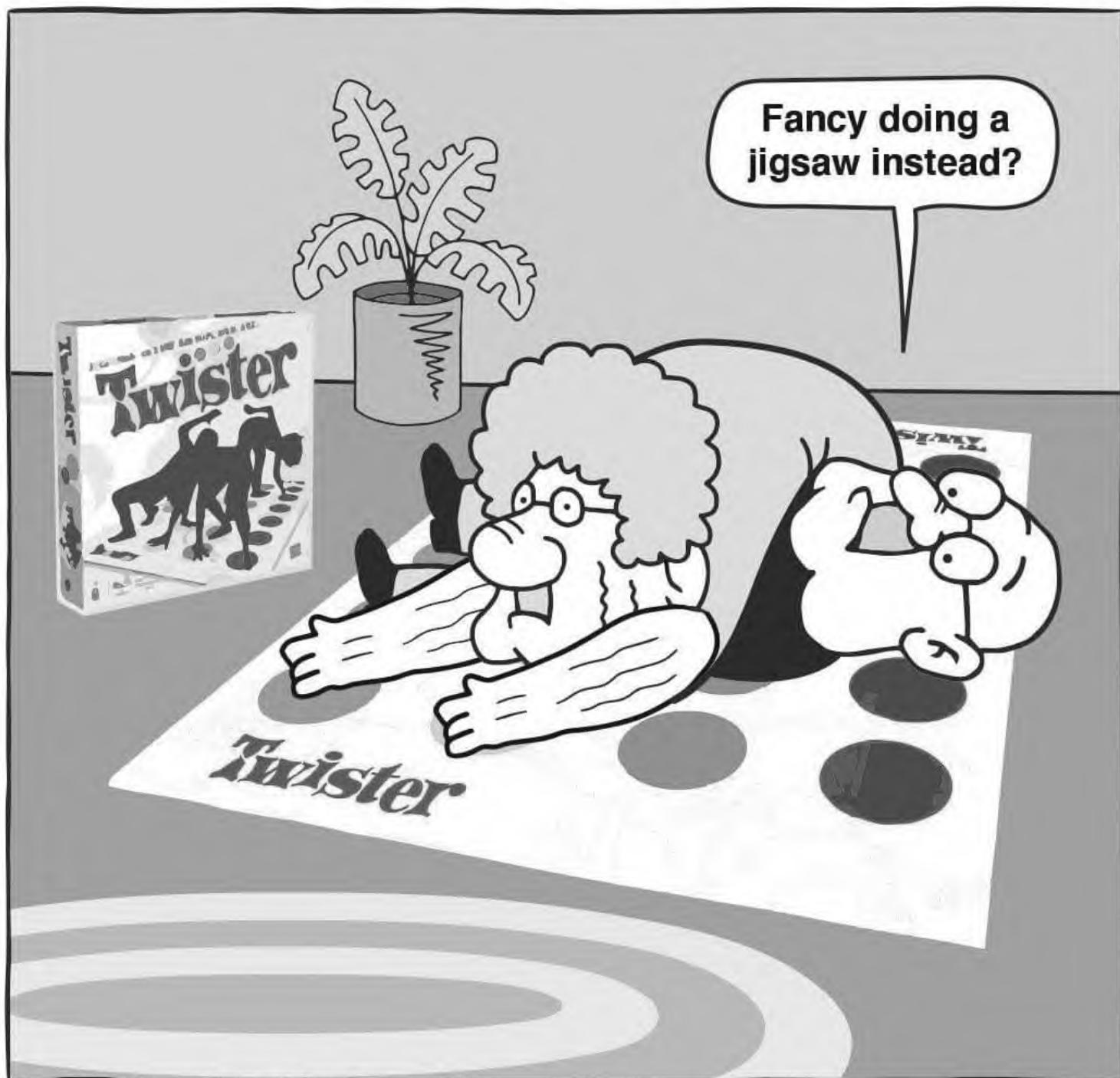
Bethel Chapel

The pandemic is easing at last and many of us have had the vaccine. But there is little sign yet of restrictions being relaxed. Many of us were unfamiliar with Zoom etc at the beginning of the lockdown but we have learned quickly. With the present weather it is much more comfortable and

easier to join in on the internet. A debating society and a quiz night have also been set up and there is a Facebook page as well.

Some of our members and friends have been unwell with colds and 'flu and we wish them a quick recovery. We also extend our deepest sympathy to the family of Mrs Nesta Morgan, one of our members who died earlier this month. She will be remembered as the cook at Llanddewi school for many years until its closure.

Tudor Eynon



Trinity

Members remain grateful to the Revd. Guto Llywelyn for his hard work in preparing worship sessions on line and CDs, and in maintaining support and pastoral care through the regular chats and discussion groups via zoom.

Members send their best wishes to Sarah and Noir Jones on the birth of daughter Aria. Warmest congratulations also to grandmother Bethan Williams.

We wish all members who are not enjoying the best of health at present a speedy recovery.

Our thanks also to friends and neighbours who have been supporting people who are more confined to their homes at present. The practical help includes assisting with shopping, farming chores and providing transport and company for people visiting the centres for their vaccination jabs.

Delyth Dent

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