

# Grapevine

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£1.40

2026  
Mehefin  
June

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# Cylch y Frenni Circle of Churches Clydau, Llanglydwen, Llanfyrnach, Llanwinio and Mynachlogddu

Services for June 2026

**3rd June - Holy Eucharist - Bro Preseli -10.30** .

**7th June – 1<sup>st</sup> Sunday after Trinity (green)**

PLACE	TIME	SERVICE	
Llanglydwen	9.30	Holy Eucharist	CC/JW
Llanwinio	9.30	Boreol Weddi	PH
Llanfyrnach	11.15	Holy Eucharist	CC/EB/HJ
<b>14<sup>th</sup> June – 2<sup>nd</sup> Sunday after Trinity (green)</b>			
Llanwinio	9.30	Holy Eucharist	CC/PH
Mynachlogddu	10.30	Morning Prayer	JW
Clydau	11.15	Holy Eucharist	CC/EL
Llanfyrnach	11.15	Morning Prayer	HJ/EB/JW
<b>21<sup>st</sup> June – 3<sup>rd</sup> Sunday after Trinity (green)</b>			
Llanwinio	9.30	Boreol Weddi	PH
Mynachlogddu	10.30	Holy Eucharist	CC/JW
<b>28<sup>th</sup> June – 4<sup>th</sup> Sunday after Trinity (green)</b>			
Llanwinio	9.30	Holy Eucharist	CC/PH
Llanfyrnach	11.15	Holy Eucharist	CC/EB/HJ
Clydau	11.15	Morning Prayer	EL

# WHITLAND, CYFFIG, LLANBOIDY LLANDISSILIO, CLUNDERWEN

The Reverend Nicola Davies, BSc (Hons) MCIAT CIAT Accredited Conservationist

Assistant Priests:

Reverend Sharon Edge and Dr Canon Jeni Parsons

Lay Worship Leader Mr. Nathan Jenkins

## Services in June

### Sunday 7th June Trinity 2 - Green

9:30	Lampeter Velfry	Holy Eucharist
11:00	Llanboidy	Holy Eucharist
11:00	Whitland	Morning Prayer

### Sunday 14th June Trinity 3 - Green

11:00	Whitland	Holy Eucharist
11:00	Llanboidy	Morning Prayer
2:30	Cyffig	Holy Eucharist

### Sunday 21st June Trinity 4 - Green

9:00	Llandysillio	Holy Eucharist
11:00	Llanboidy	Holy Eucharist
11:00	Whitland	Morning Prayer

### Sunday 28th June Trinity 5 - Green

11:00	Whitland	Holy Eucharist
11:00	Llanboidy	Morning Prayer
2:30	Cyffig	Evening Prayer

### Sunday 5th July Trinity 6 - Green

9:30	Lampeter Velfry	Holy Eucharist
11:00	Llanboidy	Holy Eucharist
11:00	Whitland	Morning Prayer

## June services in Llanboidy

7th	11.00. Holy Communion.	ND
14th	11.00 Morning Prayer.	CW
21st.	11.00 Holy Communion.	ND
28th.	11.00 Morning Prayer.	CW

# EDITORIAL

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## **'He gave us eyes to see them' - Stained Glass Windows**

You may know the story of the little girl with her family during a guided tour around a cathedral. As the bright sun streamed through one of the windows, she asked the guide, who are the people depicted here. "Those are the saints," he replied.

Later that evening the girl told her mummy, "I know who the saints are." "Do you, dear? Who are they?" the mother asked. The little girl replied: "They are the people who let the light shine through."

When the summer sun rises and its light catches a window of a church, it shines through the figures and colours of the scene to bathe the chancel in a warm glow. Later as the sun sets, it shines once again through another window perhaps showing Christ surrounded by angels. We have all stood before windows of medieval glass that has survived the centuries to be astonished by its beauty.

As the sun catches an array of windows, the colours take on a new, vibrant life. We can see scenes in the life of our Lord and our Lady, Old Testament prophets, New Testament apostles and the communion of saints. The eye moves around and we see windows portraying Christ in majesty and the day of judgement.

The George Herbert poem, entitled 'The Windows' compares a human to a church window, and calls us to shine out like the church windows which shines when God's light passes through it. It is easy, he says, to be "brittle crazy glass", but in God's good grace we can become like a window where colours and light, belief and life can combine and mingle to radiate out into the world.

***Hazel Jones***

<p>We all wish Eunice Batchelor well after her fall. The whole community and her church family wish her well for a speedy recovery. Eunice is in Witherbush Hospital at the moment.</p>
---

# The Windows

BY GEORGE HERBERT

Lord, how can man preach thy eternal word?

He is a brittle crazy glass;

Yet in thy temple thou dost him afford

This glorious and transcendent place,

To be a window, through thy grace.

But when thou dost anneal in glass thy story,

Making thy life to shine within

The holy preachers, then the light and glory

More reverend grows, and more doth win;

Which else shows waterish, bleak, and thin.

Doctrine and life, colors and light, in one

When they combine and mingle, bring

A strong regard and awe; but speech alone

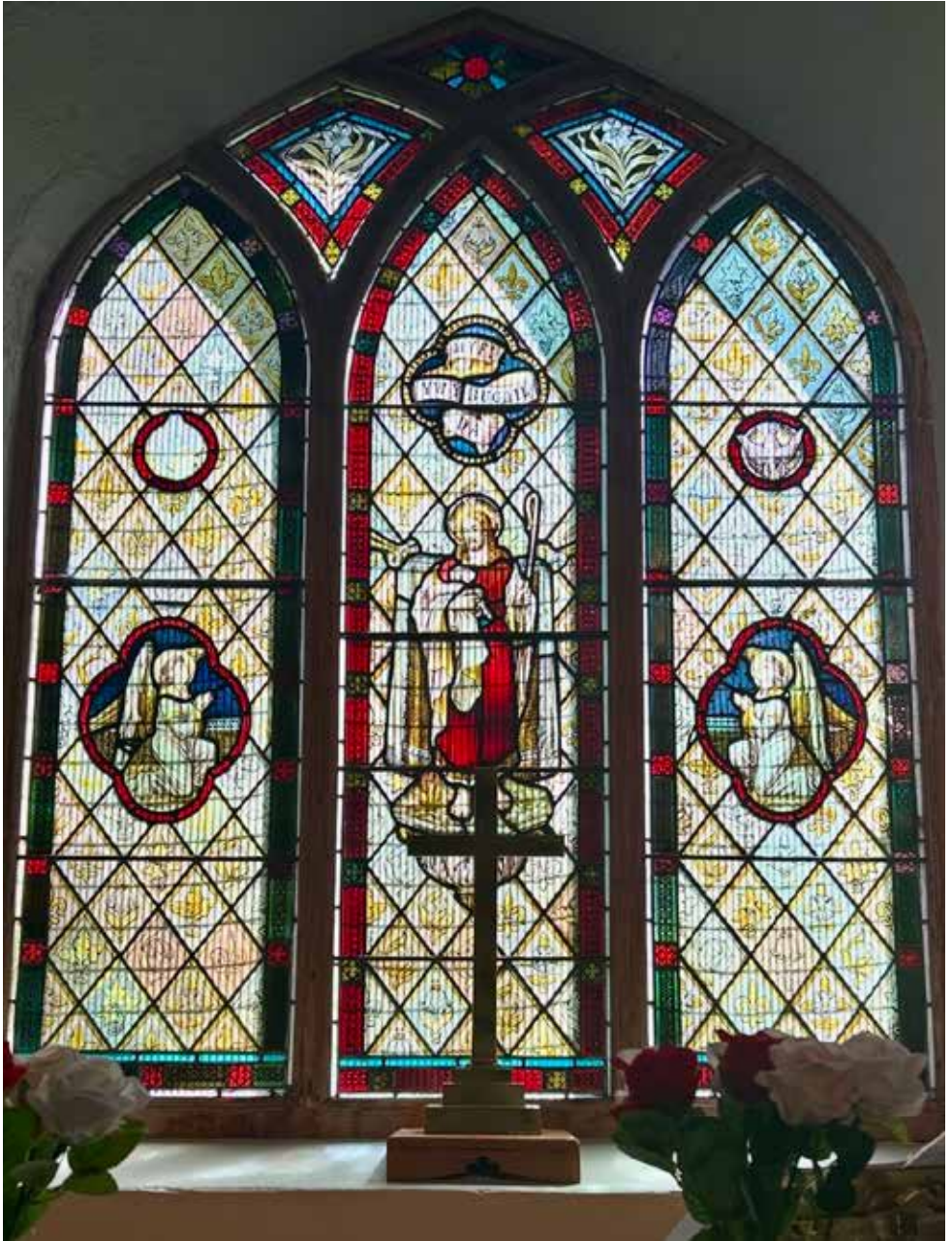
Doth vanish like a flaring thing,

And in the ear, not conscience, ring.

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**Stained Glass Window at Llanfyrnach Church**



# Mynachlog-ddu Church

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The church in Mynachlog-ddu, Pembrokeshire, known as St Dogmael's Church, Mynachlog-ddu, is a small rural parish church with roots stretching back to the medieval period. It stands slightly outside the main village in a peaceful setting that reflects the long religious history of the Preseli Hills. The



church is closely linked to the nearby monastic community of St Dogmaels Abbey, as the area around Mynachlog-ddu once formed part of the abbey's agricultural estate. In medieval records from the late thirteenth century, the church was referred to as the "chapel of the black grange," a name that eventually evolved into the modern place name Mynachlog-ddu, meaning "black monastery" in Welsh.

One of the most interesting features of the building is its unusual double-nave layout, meaning it has two parallel worship spaces rather than the single nave found in most churches. The northern part of the structure is believed to date from around the fourteenth century, while the southern



section was added or rebuilt in the fifteenth century as the local population grew. Much of the stonework from this period still survives, giving the church a strong medieval character despite later repairs and alterations. The building is constructed mainly from local stone with a slate roof, typical of rural Pembrokeshire churches.

During the nineteenth century, the church underwent restoration in keeping with wider Victorian efforts to repair and preserve historic



parish buildings across Wales. These works included roof repairs, window replacements, and improvements to the bellcote, but they were carried out carefully enough that the church retained most of its earlier features. Like many small rural churches, it experienced a period of decline in the twentieth century when congregations became smaller, and at one point the building fell into disuse.

However, local community efforts helped secure funding for repairs, and the church was restored and brought back into use toward the end of the twentieth century.

Inside, the church remains simple and traditional in character. It contains historic furnishings such as an old stone font believed to date from the medieval period, along with straightforward wooden seating and fittings that reflect the modest nature of a farming community church. Today, the building is recognised as a Grade II listed structure because of its historical and architectural importance, particularly its rare layout and long continuity of worship. Overall, the church at Mynachlog-ddu stands as a lasting symbol of the area's religious heritage and the resilience of a small rural community that has maintained its place of worship for hundreds of years.

***Exploring with Erica***

## Cyffig Notes

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I can't really grumble about the weather, we have had some lovely Sunny days, but why oh why does the wind have to blow so cold and spoil it all.

We have heard a lot lately, about garden birds becoming more rare. Imagine my delight one morning to see two male Bullfinch feasting on Dandelion seedheads in my garden. Along with some Goldfinch. Faith restored!

We have been in Limbo, are we having Services or not!

We attended the Service on 19th. April in Llanboidy, when new LMA vicar Rev. Nicola Davies was licensed. Thanks to members of Llanboidy who put on a delicious Tea for all after the Service.

We welcomed Revd. Nicola to Cyffig on Sunday May 10th.

Recently, folk from a wide area were shocked and saddened to hear of the death of Mr. Harry Llewellyn in a freak accident. Harry and his brother Hywel are well known in this area for their legendary hedging and fencing prowess. We send our sincere sympathy to all his family. Words are inadequate.

The future at Cyffig is uncertain! How sad that something so personal and precious as ones religion has to be put on a Business footing and based totally on Money (or lack of it in our case). It's bizarre that we can't escape the need to raise money. We hope to hold a Coffee Morning! Date to be arranged.

Meanwhile we send best wishes for better health to John Bowen who is in Hospital and Brenda. Also any one else I've forgotten to mention.

Here's a poem by Thomas Hood (1799--1845). He wrote a great many poems and sadly died in ill-health and poverty, poor man.

## **I remember, I remember.**

I remember, I remember  
The house where I was born,  
The little window where the sun  
Came peeping in at morn;  
He never came a wink too soon  
Nor brought too long a day;  
But now, I often wish the night  
Had borne my breath away.

I remember, I remember  
The roses, red and white,  
the violets, and the lily-cups--  
Those flowers made of light!  
The lilacs where the robin built,  
And where my brother set  
The laburnum on his birthday,--  
The tree is living yet!

I remember, I remember  
Where I used to swing,  
And thought the air must rush as fresh  
To swallows on the wing;  
My spirit flew in feathers then  
That is so heavy now,  
The summer pools could hardly cool  
The fever on my brow.

I remember, I remember  
The fir-trees dark and high;  
I used to think their slender tops  
Were close against the sky:  
It was a childish ignorance,  
But now 'tis little joy  
to know I'm farther off from Heaven  
Than when I was a boy.

***Lynn Werrett***

**A very successful Coffee Morning was held in aid of Mynachlogddu-ddu Church on Saturday 23rd May at Parc y Banc, Mynachlogddu-ddu. A lovely morning, which was well attended and very enjoyable.**



At the 'Open to God' Diocesan Day Out at Carmarthen Showground on Saturday 23rd May we celebrated Pentecost in style. A brilliant day filled with fun, love and fellowship. A huge thank you to every one concerned in organising this amazing event.

**Beth yw Cenhadaeth!**  
**Ffe offyn ni ein Archddiaconiaid**

**What is mission?**  
 We asked our Archdeacons

**Archdeacon Paul**

**Archdeacon Eileen**

**Archdeacon Matthew**

**Archdeacon Moses**









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On Wednesday 6th May we came together for our Monthly community Eucharist at Bro Preseli to celebrate Ascension day.



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**2pm £4**

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Chwefror 14 February	Mai 9 May
Mawrth 14 March	Mehefin 13 June



2il Dydd Sadwrn bob mis  
2nd Saturday every month

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Ionawr 10 January	Ebrill 11 April
Chwefror 14 February	Mai 9 May
Mawrth 14 March	Mehefin 13 June

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## **Summer Solstice, 21st June, the longest day of the year.**

June, of course is the month of the summer solstice, the month of the Sun. Sol + stice come from two Latin words meaning 'sun' and 'to stand still'. As the days lengthen, the sun rises higher and higher until it seems to stand still in the sky. The Summer Solstice results in the longest day and the shortest night of the year. The Northern Hemisphere celebrates in June, and the Southern Hemisphere celebrates in December.

While the Druids worship at Stonehenge and elsewhere, here are some Christian alternatives that honour the Creator rather than the created.

### **A Canticle for Brother Sun**

Praised be You, My Lord, in all Your creatures,  
Especially Sir Brother Sun,  
Who makes the day and enlightens us through You.  
He is lovely and radiant and grand;  
And he heralds You, his Most High Lord.

*by St Francis of Assisi*

### **God in All**

He inspires all,  
He gives life to all,  
He dominates all,  
He supports all.  
He lights the light of the sun.  
He furnishes the light of the night.  
He has made springs in dry land.  
He is the God of heaven and earth,  
of sea and rivers,  
of sun, moon and stars,  
of the lofty mountain and the lowly valley,  
the God above heaven,  
and in heaven,  
and under heaven.

*A prayer of St Patrick*

May the Summer Solstice bring abundant blessings, prosperity and growth into your life.

## 1st June, Mary visits Elizabeth

Mary – the virgin mother of Jesus. For centuries the eastern and western churches have considered her pre-eminent among all the saints.

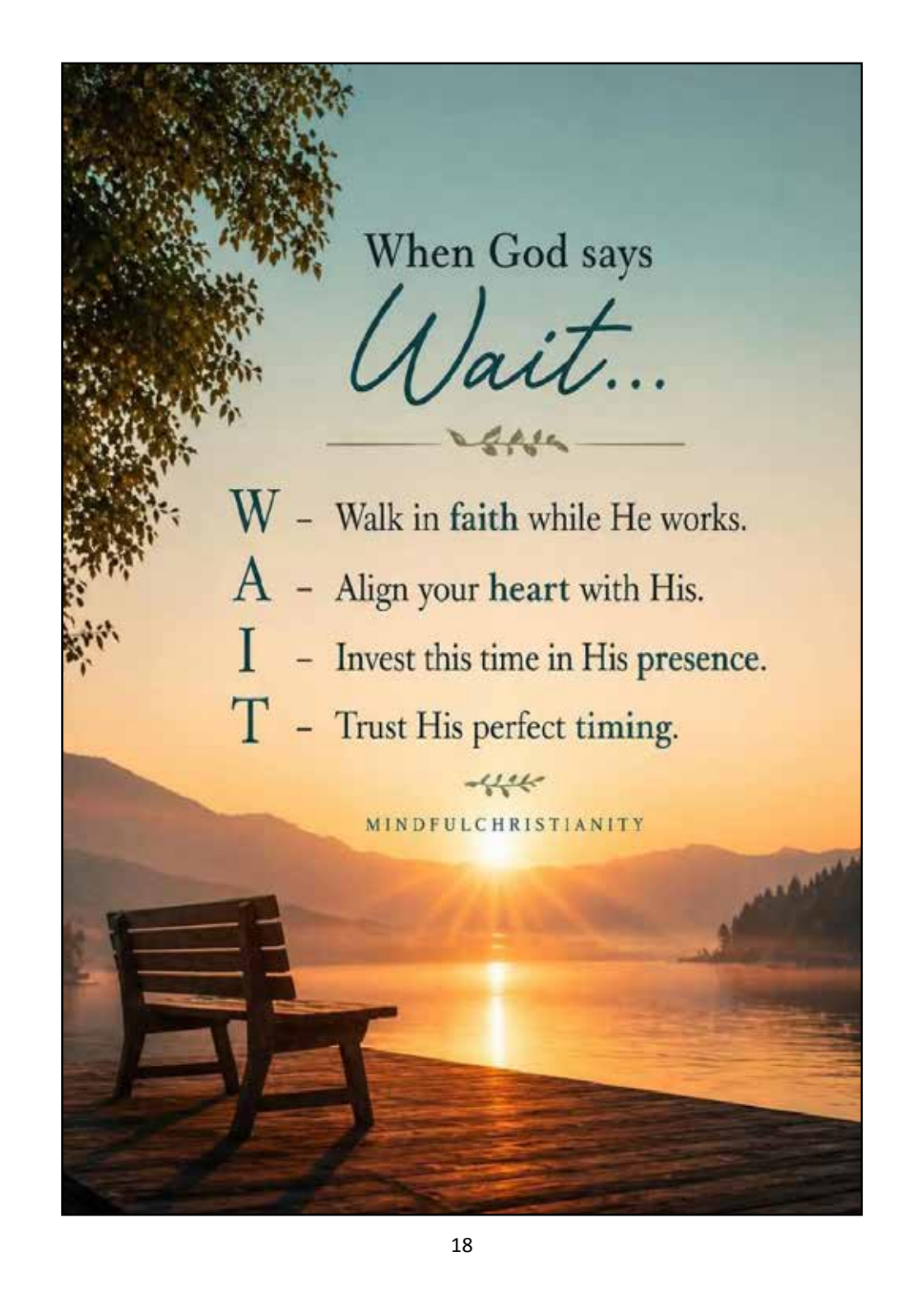
In the gospels, Mary makes her first appearance as a teenager. Nothing is known of her childhood, and what we do know of her is found mostly in Matthew 1 – 2 and in Luke 1 – 2. If you read both accounts, you'll notice that Luke's account seems to give the story from Mary's standpoint, whereas Matthew concentrates more on Joseph's side of things. In both accounts the virginal conception of Christ is clearly stated. Mary's quiet devotion to God and her total acceptance of His will shine forth.

Her visit to Elizabeth, when both were pregnant, is a moving and poignant account of two humble, ordinary women, suddenly caught up in a great event that would shape world history. Their trusting faith in God and acceptance of His will, shine through.

After Jesus is born, Mary fades into the background, and makes few appearances: when the family visits Jerusalem and she loses her son on the way home; when she urges Him to help the wedding party in Cana with its wine problem; and when Jesus gives her into the keeping of the beloved disciple when He is dying on the cross. Mary's last appearance is in Acts chapter one, just before Pentecost.

Mary obviously joined the early Church, but her role was never one of teaching and preaching, and indeed she remained so much in the background that nothing more about her is known for certain. Both Ephesus and Jerusalem have claimed to be the place of her death.

Mary, chosen to be the mother of Jesus Christ, one who is both God and Man, holds a unique place in the history of mankind. Down the centuries that have followed, the Church has paid special honour to Mary – and well deserved it is. "All generations shall call me blessed..."



When God says  
*Wait...*

- 
- W** – Walk in **faith** while He works.  
**A** – Align your **heart** with His.  
**I** – Invest this time in His presence.  
**T** – Trust His perfect timing.

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MINDFULCHRISTIANITY

# Y Filtir Sgwar



## Finding the Courage to Try Something New

There's a lovely energy growing at the Community Care Hub at Bro Preseli at the moment. What started with coffee, conversation and companionship has quietly evolved into something much bigger — a place where people are beginning to rediscover confidence in themselves. Each week brings something different. Monday mornings are full of chatter, friendship and the increasingly popular Brew & Banter Club, where stories, laughter and shared interests seem to flow as easily as the tea. Monday afternoons now burst into colour and creativity with our relaxed craft sessions, while Wednesdays bring movement, encouragement and achievement through our inclusive ChairFit wellbeing programme.

But underneath all these activities is something deeper.

Many of us reach a point where we want to try something new, but the hardest part is often knowing how

to begin. Whether it's joining a group for the first time, picking up a paintbrush, exercising again after years, or simply walking through the door alone — those invisible barriers can feel enormous. Sometimes all it takes is one small step.

Recently, I found myself reflecting on this during a quiet ride out through the lanes. There's a moment on horseback when you stop overthinking, loosen the reins slightly, trust yourself and move forward. Confidence rarely arrives before we begin — it usually appears somewhere along the journey itself. That's exactly what we're seeing happen at the hub.

People who once sat quietly are now joining conversations. Those convinced they "weren't creative" are proudly showing their artwork. Others who worried they couldn't manage movement sessions are discovering new strength and balance week by week. The real transformation often has very little

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to do with crafts or exercise alone – it comes from challenging ourselves gently, in the company of people who encourage us rather than judge us. There's freedom in that.

through shared laughter, mutual support and the reassuring feeling that nobody has to do it perfectly. Friendship has a remarkable way of making difficult things feel possible. At the Community Care Hub, we're learning that wellbeing isn't always about grand solutions. Sometimes it begins with a cup of tea, a conversation, a new experience... and the courage to simply give something a go.

When we try new things together, the fear softens. Confidence grows

*Sue Warfield, Co-Director*







# ChairFit

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# Bible Readings for June from DAILY BIBLE READING GUIDE 2026

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1 2 Chronicles 1, Psalm 72

2 Song of Solomon

3 Proverbs 1-3

4 Proverbs 4-6

5 Proverbs 7-9

6 Proverbs 10-12

7 Proverbs 13-15

8 Proverbs 16-18

9 Proverbs 19-21

10 Proverbs 22-24

11 1 Kings 5-6, 2 Chronicles 2-3

12 1 Kings 7, 2 Chronicles 4

13 1 Kings 8, 2 Chronicles 5

14 2 Chronicles 6-7, Psalm 136

15 Psalms 134, 146-150

16 1 Kings 9, 2 Chronicles 8

17 Proverbs 25-26

18 Proverbs 27-29

19 Ecclesiastes 1-6

20 Ecclesiastes 7-12

21 1 Kings 10-11, 2 Chronicles 9

22 Proverbs 30-31

23 1 Kings 12-14

24 2 Chronicles 10-12

25 1 Kings 15, 2 Chronicles 13-16

26 1 Kings 16, 2 Chronicles 17

27 1 Kings 17-19

28 1 Kings 20-21

29 1 Kings 22, 2 Chronicles 18

30 2 Chronicles 19-23



*A Date for the Diary*

# **A Fun Quiz at the Bont**

**in aid of Llanglydwen Church**

on Saturday 13th June at 7pm

Team of four £10

*For more information contact*

*Jane Legg on 07817926304*

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## NEWS FROM LLANFYRNACH

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Condolences to the family of Meurig Harries, Central Garage, Crymych. Meurig was born in Llanfyrnach at Mansion before moving to Ty'r Orsaf (Station House), he had spent most of his life with his wife Decima at Central Garage.

Also to the family of Ieuan James who died at Llanybydder Nursing Home but had lived in Hermon for many years.

We extend our sympathies to Gerallt Phillips and family, Henllys, on the death of his brother Iori, whom lived near St. Clears at Pwlltrapp, and also to Mrs Maureen George, former head teacher at Hermon C.P. school until it closed, on the passing of her husband, author and poet, Eirwyn. He has written numerous books one of which is being launched at the National Eisteddfod in August, which he had been looking forward to immensely as the Eisteddfod is visiting Pembrokeshire this year.



Following a suggestion by Sasha of M.D.S, Gruffydd won the 'Create a Road Safety Design' competition, and thanks to Carwyn of Boomerang Signs, his whole class were invited there too see the winning entry being turned into a sign. How exciting! Well done Carwyn of Boomerang Signs and of course Sasha of M.D.S.

*Joyce Williams*

The coffee morning in Llanboidy on the 16th was well attended and Nicola our new Curate was able to meet many from the community. The cake and plant stalls were well stocked with very little left over at the end of the morning! A big thank you to all the people who helped to make this a successful occasion for both Nicola and the church finances!



On Thursday the 21st a Llanboidy resident had his wishes for a full immersive baptism fulfilled! The happy event took place on Pendine beach and was conducted by our LMA Dean in front of a small group of onlookers. Post baptism and a change of clothing everyone retired to the Caban for a refreshing drink!



## **THIS LIFE WAS WRITTEN WITH MY NAME ON IT**

This life did not arrive to the wrong person. It was not handed to me by accident, nor shaped without intention. It came with my name already written on it, carrying the exact experiences, the exact timing, the exact relationships, and the exact lessons my soul would one day need. Even the parts I do not yet understand belong to a story larger than this moment. There is meaning in what I have been given, even when I cannot yet read it clearly.

If this life was written with my name on it, then the difficult pages were included with purpose too. The chapters of loss, the seasons of confusion, the prayers that took time to bloom, the doors that closed before I was ready. None of them came to destroy me. They came to deepen me, to refine me, to teach me what cannot be learned in easy seasons. Some wounds became wisdom. Some endings became protection. Some delays became grace in disguise.

I no longer want to meet my life with resistance alone. I want to meet it with trust. To believe that not everything painful is punishment, and not everything uncertain is wrong. Some roads only make sense once you have walked far enough to look back.

Some gifts arrive wrapped in forms I almost rejected.

This life was written with my name on it. The joy and the grief, the becoming and the breaking, the waiting and the arrival, the questions and the answers still on their way. And when I hold that truth close, I realize I am not lost inside my story, I am exactly where the next page begins

## **Father's Day 21st June, 2026**

A time to celebrate male role models - But how did it come about? In the UK, USA and Canada, the third Sunday in June is Father's Day. It's usually a good time for sons and daughters to take their father to his favourite restaurant, or to watch a favoured sport, or whatever else he enjoys doing. How will you celebrate it this year?

How do these special days ever get started, anyway? Well, Father's Day began because way back in 1909 there was a woman in Spokane, Washington, named Sonora Louise Smart Dodd. That year she heard a church sermon about the merits of setting aside a day to honour one's mother. Mother's Day was just beginning to gather widespread attention in the United States at this time. But Sonora Louise Smart Dodd knew that it was her father who had selflessly raised herself and her five siblings by himself after their mother had died in childbirth. So the sermon on mothers gave Sonora Louise the idea to petition for a day to honour fathers, and in particular, her own father, William Jackson Smart.

Sonora Louise soon set about planning the first Father's Day celebration in Spokane in 1910. With support from the Spokane Ministerial Association and the YMCA, her efforts paid off, and a 'Father's Day' was appointed. Sonora Louise had wanted Father's Day to be on the first Sunday in June (since that was her father's birthday), but the city council didn't have time to approve it until later in the month. And so on June 19th, 1910, the first Father's Day was celebrated in Spokane.

Gradually, other people in other cities caught on and started celebrating their fathers, too. The rose was selected as the official Father's Day flower. Some people began to wear a white rose to honour a father who was dead, and a red one to honour a father who was living. Finally, in 1972, President Richard Nixon signed a presidential proclamation declaring the third Sunday of June as Father's Day – a permanent, national holiday.

The Grapevine team wish every Father a very happy Father's Day.

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**A celebration of Pentecost 2026 held at St. Peter's Civic Hall, Carmarthen on the Sunday 24th May.**

At this wonderful inspiring ecumenical gathering in St. Peter's Civic Hall, Carmarthen, speakers were our Bishop the Rt. Rev. Dorrien Davies, the Roman Catholic Archbishop of Cardiff and Menivia, Mark O'Toole, Rev. Beti Wyn James, and the Very Rev. Dr. Sarah Rowland Jones, Dean of St. David's Cathedral. Anglicans, Congregationalists, Baptists, Methodists all enjoyed the worship lead by the choir of St. David's Cathedral who sang a beautiful anthem by Elgar. This was an enjoyable uplifting evening filled with love fellowship and the Holy Spirit.

*Hazel Jones*



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